



JEEVANA Newsletter

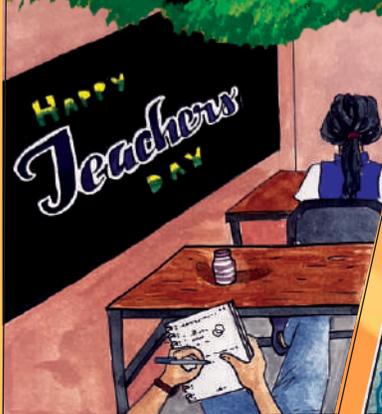
2023-2024



Vignesh P. XI-A

Ms. Sonia S.
Faculty Member

Editor: Ms. K.S. Lakshmi

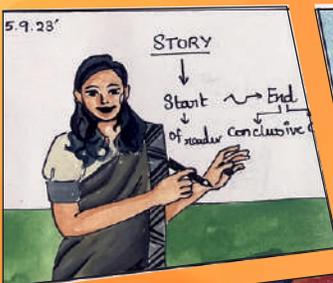


Most of the students tried the tea and commented that it was nice. It may appear casual but it seemed hilarious to me.
AKS



Junior Section
Play ground

It just feels like a festival
Ms Deepika



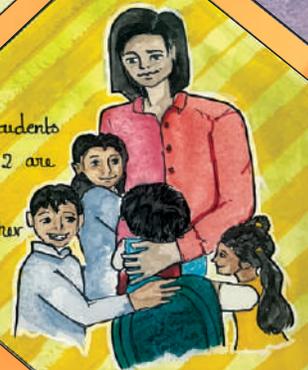
On 5th September the students of grade 12 are the teachers

I picked story writing for the grade 10 students because they found Merchant of Venice a little boring. To be honest, I am glad I did so, as it made the class more fascinating and everyone shared their personal stories.
Khavin 12C



The students of grade 2 are hugging the student teacher

It feels so good to see 12th graders move energetically as teachers in the same building they learnt - Ms. Revan



Samyuktha B. XI-A



BEHIND THE SCENES

“It’s the first time we are organizing this event in our school. Anything we do it for the first time will be a challenge. The first challenge was allotting students to various classes. The second challenge was convincing a few to take the class because they were not happy with the allotted classes. The third challenge was guiding the students to write the lesson plan, which took a lot of time. But, all the students worked hard and were very cooperative.”



What is your view about this fresh experience? “I will be having a break, but generally I prefer being with students. So, I will start missing my students after sometime.” I hope that the students would learn how difficult the teaching profession is and some may get inspired to take career decisions.



POST TEACHERS’ DAY

“I felt extremely happy because the students of class XII did a great job. It was not very challenging because the entire 12th standard students cooperated well and did their duties sincerely. There were also some moments which made me burst into laughter:-



- ❖ The Vice Head girl forgot the timings and was late to class by 15 minutes.
- ❖ Most of the students were taking tea and were commenting that it was nice. It may appear casual, but seemed hilarious to me.
- ❖ After the event, Jeyavarshini said, “I don’t know where my legs are?” I was extremely delighted because majority of the students were time-conscious and were getting ready for their classes before 15 minutes.



We can implement this next year also.





Mr. A.K. Srinivasan
Headmaster (Grades 11 and 12)








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From The Director's Desk

At the outset, let me take this opportunity to wish all of you an exciting and invigorating 2024!

It is, indeed, a great year for all of us at Jeevana as we are entering our 40th year. I would like to congratulate the Principal Ms. Padmavathi V., Ms. K.S. Lakshmi and her team in bringing out this very important Newsletter.

Several special events have been conducted this year which are captured very eloquently in this Newsletter. The Newsletter has captured the various major events conducted in the school. One interesting event that captured my interest was children donning the cap of Teachers for a day! I believe you will find their experiences interesting. It is our belief that creativity in children can be inculcated by first letting them imagine and then putting their imagination to work in creative ways. I believe that many of these children would have dreamt of how they would be teaching the next day!

It is hoped that Parents will be able to see the focus the school is giving on physical education, arts, music, dance and the like. It is our belief that this will go a long way in developing the personality of the child. We believe that the quality of a school is majorly dependent on its Teachers and I can, indeed, state with pride that we have an excellent team of teaching and non-teaching staff.

I would like to bring to the kind attention of the parents that this being a day school, the role of the parent is also extremely important. It is imperative that parents spend 'quality time' (free from the interference of gadgets and social media) with your children. Times are changing rapidly and children are under tremendous pressure. Parents need to understand this and support the children in their growth.

We, too, as a school understand these changing times and are looking to improve our curriculum to challenge the creativity of our children. As we move along, we shall contemplate, deliberate and then introduce changes that will better the development of our children academically, socially and culturally.

(Dr. Ramesh Sundaram)

Live Book Session

Date: **21st October, 2022**

Venue: **Sports Complex**

Chief Guest:

Mr. Suresh Kumar
Additional Sessions Court Magistrate

Desk of Honour:

Director – **Dr. Ramesh**, Principal – **Ms. Padmavathi V.**, Vice Principal – **Ms. Chitra K.M.**,
Head of the Social Science Department – **Ms. Meenakshi**,
Headmaster [IX & X] – **Mr. Mariappan K.**, Headmistress [IV & V] – **Ms. Renuga R.**
and Headmistress [I & II] – **Ms. Mythili K.S.**

Objective of the Session:

- ♣ To give an in-depth understanding into the judicial system of India.
- ♣ To develop experiential learning based on text book concepts.
- ♣ To bridge the knowledge sought through teaching with practical implications.
- ♣ To throw light on problems faced by students in present day scenario rife with gadget addiction.



On 21st of October, our school Sports Complex was filled with students of class X. The presence of persons on the Desk of Honour highlighted the significance of the session. The program started with the arrival of the honorable Magistrate, Mr. Suresh Kumar. He was welcomed by our Director, Dr. Ramesh, with a memento.

Crux of the Program:

The honourable Magistrate addressed the students about his journey in the field of Judiciary. After which, students asked question on topics and present application of the systems described in their text book related to judiciary. He answered all the





questions enthusiastically. He shed some light on the topics of Habeas Corpus and judicial review.

He sensitized students towards current issues where students are victimized, especially, through social media, trapped in cyber crime and issues related to crypto currency. He explained how all the websites we visit can be watched and the way we

leave a digital print on what we search. He made us understand how we should know our limits and be safe.

To lighten the mood, he shared a funny incident where a confused advocate entered the Court before his case was due and kept on arguing for the wrong case, without knowing for which case the proceedings were going on.

The session was an astonishing experience for the students. The curtains of the program were pulled down with words of gratitude to all those who worked hard in making the session a successful one.

Department of Social Sciences

From The Editor's Escritoire

As Jeevana celebrates its Ruby Jubilee this year, we are left to muse and reflect over baffling changes that have swept across the globe in terms of challenges Parents, Educators and Pupils are facing. The irony of finding this cyber-generation of students thriving on social media but crippled with social anxiety in real life is not lost on us. This generation with its unlimited access and exposure to the world has sadly chosen to pawn original thought for AI generated resources. When learning is possible through YouTube tutors and the Byju's of the world, why would they choose us ?

And, yet, when I look back at the Terms gone by, I know that my fondest memories of the year were conceived and delivered by our beloved students.

English exhibition, an interactive cornucopia of games and quizzes, had the Sports Complex overflowing with effervescent students of Grades 7 to 9. The days preceding the Event were eventful,



to say the least, as my literal and figurative Stamp of Approval hovered over their innovations, looking for originality and ingenuity. And boy, did I find them! Like a labour of love that stands as a shining monument, illuminating our mindscapes, especially, when shadows of misgivings steal in unannounced, such Events exemplify that very concept.

The second most unforgettable day came on August 3, '23, when English Day stage show was held for students of Senior section. Though it had taken days and weeks of impatient exhortations on my part and multiple collaborations on the students' part, in the end the whole show proved to be a testament to the faith I have always had in them. The Event Managers, the Sound Engineers, the Art Deco Team (spearheaded by the one and only Ms. G. Thiriveni), the Comperes and the Costume Managers did a fantastic job. Students performed really well on the stage, bringing the metaphorical roof down.



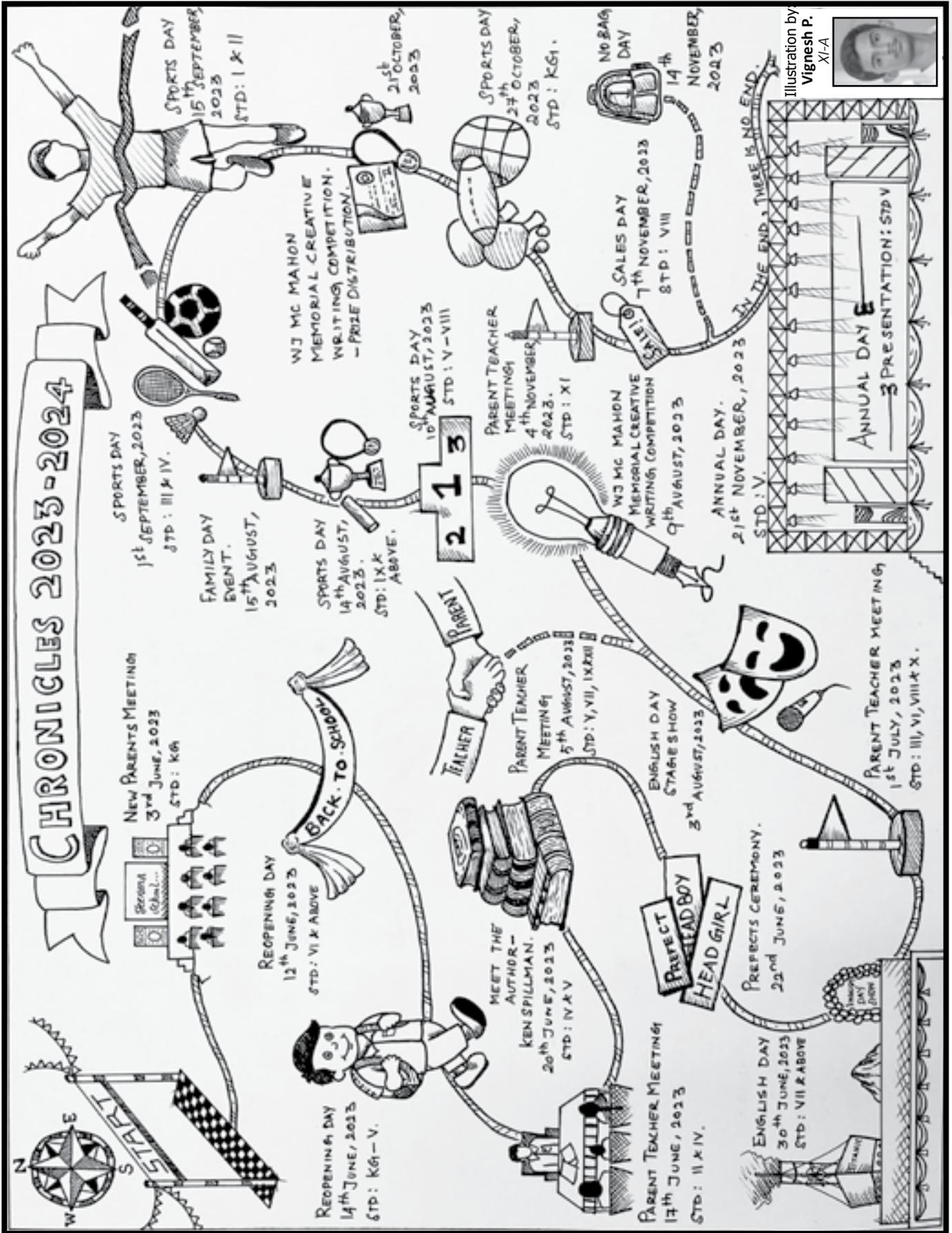
I must say that amidst the gruelling practice sessions for the Day that were taking a heavy toll on me, the one place which was a salve to my aching limbs was where the Orchestra jam sessions were held. I would say that, for a music aficionado like me, the time spent listening to the Orchestra boys practising the notes and the vocals of some popular English songs was the best part.

Finally, the cherry on the cake is this edition of the Newsletter which is marked by a special venture undertaken this academic year. It's been my long-standing dream to bring out the Newsletter with the help of a panel of students. With due process, a core team of 8 Cub reporters and two Illustrators from class 11 were selected. These reporters covered some of the major Events organised at school viz. Family Day, Teachers Day and the Grand Annual day. Their behind-the-scenes interviews and Live coverage reports would give CNN reporters something to think about!

Summing up, it would suffice to say that this academic year had many cherished moments and the department of English is constantly striving to improve the standards of English among all students. In the next academic year, we intend to go full throttle at making Spoken English on campus a priority. In the meantime, it is our humble request to reduce gadget-time at home and replace it with reading time .



Ms. K.S. Lakshmi
Head, Department of English
[Senior Wing]



Competitions 2023-2024

NAME OF THE STUDENT	STD	EVENT	CATEGORY	DATE & LOCATION	POSITION SECURED
R. Jhoghindra S Ashwin	X-E X-B	TABLE TENNIS	under Doubles	CM TROPHY, 2023 held at Chennai.	Silver Medal as Runner up
Akash	X-F	The Frank Anthony Memorial All-India Inter-School Debate Competition-2023	Junior	10 th July, 2023 at Chennai.	Best Runner up Speaker. He was selected for National Level
Creflo Joshua	X-D	The Frank Anthony Memorial All-India Inter-School Debate Competition-2023	Junior	10 th July, 2023 at Chennai.	He was selected for National Level
Mithra Karthik	X-C	ASISC Literary Events-2023- Zonals-Creative Writing	Junior	21 st July, 2023 at Lakshmi School,	First place - Secleted for Regionals Madurai
Samyuktha B Jeyavarshini RP	XI-A XII-B	ASISC Literary Events-2023- Debate-Zonals	Senior	21 st July, 2023 at Lakshmi School, Madurai	Second Place
Swathi M	XII-B	ASISC Literary Events-2023- Painting-Zonals	Senior	21 st July, 2023 at Lakshmi School, Madurai	First place - Secleted for Regionals
Shrikamatchi K	XII-A	ASISC Literary Events -2023 - Declamation - Zonals	Senior	21 st July, 2023 at Lakshmi School, Madurai	Second Place
Sharvesh Kannan A P Parvez S	VII-D VII-C	ASISC Literary Events -2023 - Zonals	Sub Junior	21 st July, 2023 at Lakshmi School,	Second Place
Dhivyan Maria Geraard A Akshay Kumar A	IX-A X-B	ASISC Literary Events -2023- Zonals	Junior	21 st July, 2023 at Lakshmi School, Madurai	Third Place
Mithra Karthik	X-C	ASISC Literary Events-2023- Creative Writing- Regionals	Senior	25 th August, 2023 at The Grove School, Chennai	First place - Secleted for Nationals

NAME OF THE STUDENT	STD	EVENT	CATEGORY	DATE & LOCATION	POSITION SECURED
Swathi M	XII-B	ASISC Literary Events-2023 - Painting-Regionals	Senior	25 th August, 2023, at The Grove School, Chennai	First place - Seclected for Nationals
Samyuktha B	XI-A	47 th Arts and Crafts competition-Drawing and Colouring Competition	Senior	15 th August, 2023 at The TVS School, Madurai	Second Place
Sri Varsha VRA	XI-B	47 th Arts and Crafts competition-Artificial Flower Making Competition	Senior	15 th August, 2023 at The TVS School, Madurai	Third Place
Eesha P	III-A	47 th Arts and Crafts competition-Drawing and Colouring Competition	Senior	15 th August, 2023 at The TVS School, Madurai	Consolation-I
Sudiksha M P	IV-A	47 th Arts and Crafts competition-Drawing and Colouring Competition	Senior	15 th August, 2023 at The TVS School, Madurai	Consolation-II
Nilayena B	V-B	47 th Arts and Crafts competition-Drawing and Colouring Competition	Senior	15 th August, 2023 at The TVS School, Madurai	Consolation-II
Shanoffer H R	XII-D	47 th Arts and Crafts competition-Art From Waste	Senior	15 th August, 2023 at The TVS School, Madurai	Consolation-I
Sujitha C	XII-B	47 th Arts and Crafts competition - Vegetable Carving	Senior	15 th August, 2023 at The TVS School, Madurai	Consolation-I
Harini M	XI-B	47 th Arts and Crafts competition-Embroidery	Senior	15 th August, 2023 at The TVS School, Madurai	Consolation-III
Mohammad Safiq	V-A	36 th Lakshana & 28 th Oviya InterSchool Cultural Competition-event "Pick the placard"	Senior	13 th October, 2023 at VMJ School, Madurai	Third Place

NAME OF THE STUDENT	STD	EVENT	CATEGORY	DATE & LOCATION	POSITION SECURED
Leonard Marx	VII-B	36 th Lakshana & 28 th Oviya InterSchool Cultural Competition-event "Vatham Prathivatham"	Senior	13 th October, 2023 at VMJ School, Madurai	Second Place
Mithra Karthik Sreya	X-C X-C	Pariksha Pe Charcha (A discussion on Examination)	Senior	received a letter signed by the PM, thanking them for their ideas.	
Mithra Karthik	X-C	ASISC Literary Events- 2023- Creative Writing- Nationals	Senior	4 th & 5 th of November, 2023 at XIM University Campus, Plot No. 12(A), Nijigada Kurki, Harirajpur – 752050 (Bhubaneswar)	First Place
Lakshana K.	IX-D	KIDDIBETES 2023, Inter-School Drawing Competition	Senior	26 th November, 2023 at SPJ Matriculation School, Kalkulam, Avaniapuram, Madurai	First Place - Rs.5000/- Cash Price
Hansika	VIII	CISCE Nationals	U14 Girls		Winner
Allan Christ	XII	CISCE Nationals	U19 Boys		Runners up
Kishore	VIII-C	80 mts. hurdles - Tamil Nadu Region in National Meet		Bangalore	Won Silver
Aaradhanaa A.J.	IV-E	Kiddibetes 2023 by Madurai Dreams Foundation - Drawing Competition		26 th November, 2023 at SPJ Matriculation School, Kalkulam, Avaniapuram, Madurai	Consolation - Rs. 500 cash award
Natheera M.	V-E	Radio Mirchi Kiddifest Season 10 - English Elucotion		9 th December, 2023 at Sri Aurobindo Mira Matriculation School, Madurai	Second Prize
Yuvaraksha M. Thamizhini S.V. Muhammed Shafi	V-B V-B V-A	Radio Mirchi Kiddifest Season 10 - Quiz		9 th December, 2023 at Sri Aurobindo Mira Matriculation School, Madurai	Third Prize

Kindergarten Activities

In the present educational system, activity-based learning is essential in teaching students how to collaborate, communicate, interact and work in teams. Through Montessori activities, we are imparting the concepts to foster self-sufficiency, independence, critical thinking and fine motor skills. The hands-on activities strengthen the muscles, improve accuracy and develop functional skills. I would like to share a couple of presentations that create interest in their learning and enhance their observation skills.



A visit to the market

A market was demonstrated by using real fruits, vegetables and flowers to illustrate their importance and benefits. Also to exhibit how things are being sold in the market. This activity involved visiting the market, touching, feeling and learning the names, colors, tastes and textures of each fruit and vegetable. The demonstration is intended to reinforce the concepts in children.

Birthday Party

The birthday occasion was created by displaying things we use at birthday parties. A few children's birthdays were celebrated on the same day. Things we use at birthday parties were introduced. Children received sweets and greeted their friends with excitement. This activity enlightens the children on the concept of social events, customs and social etiquette. It was a fun-filled day. Children thoroughly enjoyed the activities.



Ms. W. Anu Mary
Faculty member

Fancy Dress

“Playing dress up begins at the age of five and never truly ends” - Kate Spade.

Children can be the best natural “Copycats” around. They love to mimic and want to become just like who they see and observe as they are in the foundation years of building their imagination and vocabulary. Healthy interactions inspire kids to do their best. There are several Events organized in Jeevana school that encourage children to participate. One of the biggest events



that exist for children is the Fancy Dress Extravaganze, which is one of the happiest moments in a child’s life. Jeevana provides fun and joy in learning. In addition to that, the aim is to nurture creativity in children. This popular activity for the toddlers was organized for the children of LKG and UKG on 16th and 17th November, 2023, respectively. The children and the parents were enthusiastic about dressing up for the event. The main objective of this program is to develop confidence, get over stage fear and provide them an opportunity to speak in front of their own classmates. The tiny tots were full of enthusiasm as they became different characters and enthralled us with their colorful attires. They depicted and presented themselves in the costumes of Great Indian personalities, popular Cartoon Characters, Fruits, Vegetables, Dolls and so on. They looked vibrant, smart, elegant, trendy and modish in their costumes and played their parts confidently. The young ones used the stage to hone and express their talent while speaking a few lines about their character. The effort and hard work of the children and the parents was highly commendable. The competition proved to be a great learning experience. Through the innocent enthusiasm and colorful imagination, the students turned the Event into a roaring success!

Ms. Mary Magdelene P.
Faculty member

KG Sports Day 2023

Sports day fosters a sense of healthy competition among students, encouraging them to push their limits and strive for excellence in various activities. Students have the opportunity to improve their physical and mental talents in order to achieve their objectives. Our Sports Day started with a secular prayer followed by a warm welcome by a tiny tot.

One effective kind of exercise is dancing. Our children’s elegant motions that day made us feel cherished. Concentration is essential for every type of activity. Our kiddos focused on threading beads and pouring water. Our balancing Beauties balanced a lemon on a spoon and placed it carefully on a tray, which requires eye-hand coordination.

Crawling is an excellent exercise for strengthening their legs. Our Explorers investigated tunnels in order to improve their gross motor skills, coordination, and body awareness. Sorting is a cognitive ability that allows kids to see patterns and distinctions and how to group things together, which helps them to learn organization, in visual perception, and memory. They held a ball and marched in a line with their arms outstretched.

Moves like hula hooping link the body and the brain. The hoops were fastened together. Our little ones arrived at the victory spot by skillfully navigating a cup filled with a ball through the hoops and placing it on a table after overcoming the obstacles. Children went in pairs in different patterns, holding hands. They rearranged the seats as they concluded their walk.

Children arrived dancing, preparing the tables with streamers, cake, candles, table mats and floral arrangements in anticipation of a vibrant celebration, and a cake was cut.

Last but not least, the cute challengers finished their task by managing a ball on a paper flower, dancing with hula hoops, and balancing themselves on a basket. Sports day serves as a memorable and enjoyable experience for students, creating lasting memories and a sense of pride in their school and themselves.

Ms. G. Jayashree
Faculty member

Childrens' Day

Children's Day is a special day to celebrate the joy and happiness of Children. In India, Children's day is observed on November 14, as it is also the birth anniversary of Pandit Jawaharlal Nehru, the country's first Prime Minister, who was known to have been fond of Children.

The Day's celebration began with a prayer song, and various activities were organized for children: a puppet show, organized outdoor games, colouring work and a screening of Tom and Jerry animation.

Tom and Jerry occasionally team up and help each other in challenging situations. Children have learnt that size doesn't matter; friendship can be in unexpected places; actions speak louder than words; laughter is the best medicine and sometimes it's best to let go to enjoy the journey.

Children participated in various games organized for them. Outdoor games are a brilliant way to enhance children's abilities to plan, organize, get along with others and regulate emotions and also to help keep children fit and healthy physically. It was a day full of joy and laughter for the children. Peanut candies were distributed to children in the classroom.

The little ones left school with a bag full of stories about this special day at school.

Ms. R. Vishnupriya
Faculty member

From the Primary Section Desk (Grades 1 and 2)

Our Activity based learning gives lots of scope for learning by doing. During the first Term we had a few activities, and children benefited from them immensely.

SPECIAL SESSIONS

Special Sessions help children learn the importance or value of any specific issue. They throw more light on the subject, and when the focus is more on any particular topic, children observe and learn more about them. They create lasting impressions on young minds and help them. Children understand the facts and learn the solutions. We conducted a Session on 'Good Touch & Bad Touch' and children understood about their own safety.

INTRA SCHOOL EVENTS

Intra-school Events are organised and conducted by students of Grade 12. Students learn the intricacies of Event Management and get an opportunity to develop their leadership skills and problem solving skills.

This is a two way learning concept. The seniors hone their skills and children of Grades 1 and 2 take part in various competitions and exhibit their talents. This year the small ones enjoyed Storytelling, Singing, Drawing and Colouring, Rhymes and Outdoor Obstacles race. All the children took part enthusiastically.

TEACHERS' DAY

This year we had special teachers taking classes for our small ones. Yes, children of Grade 12 donned the Teacher's cap and presented lessons. Children did meticulous planning and all their lessons were activity-based and very interesting. Young children were very excited throughout the day. They engaged the children tirelessly with their awesome performance. It was a day which we will remember forever.

SPORTS DAY

Our Sports Day was on 15th September, 2023, and we started decorating the school since the previous evening. The ground was very colourful with bright sunflowers everywhere. The Events started with the hoisting of the National Flag and the School Flag, and the Parade by the children was very wonderful. The Aerobics performed by the girls of Grade 2 was splendid and the formation of 'Jeevana 40' by the boys of Grade 2 was beautiful. Then followed the class events of all the sections. Hockey, Treasure Hunt, Hula Hoops, Fragrant Flowers, Prep Your Skills, Jeevana Leaders, Balancing Act, Build Your Strength, Relay, and Checkmate were the programmes and all the children took part in the events with full vigour and enthusiasm. All the parents had assembled to cheer and encourage the tiny tots. All in all, it was a memorable day for all of us.



FIELD TRIP

Students of Grades 1 and 2 were taken on a field trip to a biscuit factory. Children learnt the steps involved in making biscuits and candies. The day was very enjoyable. They had lots of fun.

PLANETARIUM - A MEGA PROJECT - MARCH 2023

The Mini Planetarium consisted of two working models of the solar system, phases of the moon, a rocket shuttle and a model of an astronaut. We created a dark space; and a battery operated working model of the solar system and the phases of the moon were exhibited. All the models and the activities done by the children were displayed on the First Floor Auditorium of the Junior Section. We created a model of the galaxy for the children to have the feel of a real planetarium.



Children visited the planetarium and the astro-lab and came to learn about the planets, the solar system and the galaxy. Children dressed up as Sir Issac Newton and Dr. Abdul Kalam. An Astronaut and a Spaceship spoke about themselves, their inventions and discoveries. It was an action-packed day and the children had a thrilling experience. It was a very good opportunity to widen their knowledge.

Ms. Mythili K.S.
Headmistress (Grades 1 and 2)

No Bag Day : Grades 1 and 2

14th November, 2023 was observed as 'No Bag Day' for all the children.

The Jr.Section was decorated with Rangoli and colourful 'welcome boards' for the children. Huge colourful posters with nice messages for the children were placed all over the campus. We had planned various fun filled activities and it was a day where they were able to do and learn a lot of things.

1. Just a Minute

We had small topics written in chits and children took their pick and spoke on them for a minute. It was fun.

2. Paper Folding

Children listened to the instructions of the Teachers and created animals by folding colourful papers. We then exhibited them on the class Soft Boards.

3. Nature Walk

We took the children out on a walk around our Green Campus and children enjoyed the walk and observed all the plants and trees. They returned to the classrooms and spoke about their experiences. It was amazing to hear them narrate so many observations.



4. Experiments

The EVS Teachers performed simple experiments using Air and Water. Children learnt all about the properties of Air and Water.

5. Talent Time

Children were given the opportunity to exhibit their talents in Singing and Dancing. Fun filled No Bag Day came to an end with the much awaited Movie Time. Children enjoyed the day immensely and already there were talks about the next No Bag Day.



Ms. Mythili K.S.

Headmistress (Grades 1 and 2)

Meeting the Author - Dr. Ken Spillman



It was a bright summer afternoon at Jeevana. Children of classes 4 and 5 gathered to meet the renowned author, Dr. Ken Spillman. Ken Spillman is one of Australia's most talented and productive Writers, Editors and Reviewers. Dr. Ken Spillman, who has written almost 100 volumes, has worked on both fiction and non-fiction. He has won numerous awards and been nominated for many more. His

engaging lectures on the power of books, the gift of imagination and the innumerable advantages of creative thinking have delighted more than 90,000 kids.

Who doesn't enjoy listening to stories? Alongside the children, Teachers happily sat down to enjoy his stories. Thunderous applause from our aspiring Writers greeted Dr. Ken as he entered the venue. Dr. Ramesh, our Director, joyfully sat among our children and delightedly joined the storytelling session. Dr. Ken Spillman was introduced to our kids by our Principal, Ms. Padmavathi V., a voracious reader. Our young writers Mithra Karthik of 10 C and Shea Santhoshi of 12 D felicitated Dr. Spillman. When he learned that Shea had already published a book, 'Galaxia', he was thrilled and asked about it. Shea enthusiastically presented her book to Dr. Ken.

When he addressed our young writers, Dr. Spillman got down from the stage and plunged among children for an astounding narration of his stories. 'Vroom, Vroom, Vroom!', he exclaimed. The sounds he generated for narration amused our kids. Dr. Spillman presented Jake, a fictional character, from his story Jake's Concert Horror. It grabbed everyone's attention



because concert horrors are a common occurrence in everyone's school experience, and they are always relatable. After narrating for an hour, he began a Q & A session. He patiently responded to the queries posed to him by our aspiring writers. Our little Jeevanites asked some fantastic, impromptu questions.

Our kids have picked up a number of the author's books, and they are enjoying them. Meeting Dr. Ken Spillman was an amazing event for all of us.

Ms. Deepika Govindraj
Faculty member

A Touchy Topic !!

The School organizes Life Skills Sessions for all the students. As part of these sessions, we conducted a session on the topic, 'Good Touch & Bad Touch' for all the students of Grades 3 and 4 through a song, some activities and video clippings.

The objectives of the Workshop were to:

- * Make the children understand the difference between Good Touch and Bad Touch.
- * Identify what is Bad touch.
- * Smart ways to safeguard themselves.
- * Getting help from the parents.
- * Identify the people in the safe circle.
- * 'Say "No", Get away and Say to some one you trust' was the slogan taught through the activity, which was associated with traffic signals for better learning and for long lasting memory.
- * "If any one touches my private parts that's not good, that's not good....." song was taught to enhance their knowledge about the topic.

Students enjoyed the workshop and understood the concept.



Ms. Pearlin Ruby V.
Headmistress (LKG Wing)

Class 5 Annual Day Extravaganza

Date : 21st November, 2023

Time : 6.00 pm

Venue : Higher Secondary Auditorium

The Class V Annual Day was a dazzling showcase of talent and unwavering dedication, leaving a lasting impression on all attendees

The evening commenced with a tranquil prayer song, establishing a serene and harmonious atmosphere for the festivities.





The Soundlicious Chorale delivered a commendable musical performance, with singers giving heartfelt renditions.

“Festive Palooza” showcased graceful Dances of India with excellent costumes and captivating smiles, creating a mesmerizing visual spectacle.

“The Floral Queen” English skit impressed with its impeccable costumes and confident deliveries, enhanced by well-used props.

“Creepy Halloween Treat” offered a unique spooky dance experience, exhibiting great efforts and creativity.

“Celebrations of India” featured a standout mime performance with apt costumes and got instant applause for the word ‘India’ formation.

“Kalviya? Selvama? Veerama?” Tamil skit wowed with excellent costumes and outstanding dialogue delivery, resonating with enthusiastic applause.

“Gleaming Glitz - Dancing Groovers” dazzled with superb costumes, vibrant colors, and a glittering performance, earning a well-deserved applause.

The performance titled “A Persian Fabricated Legend - Alibaba” left a lasting impression with its stunning costumes, impressive props, and perfectly suited background music.

The classical dance performance, “Narakasura Vadham,” showcased impeccable choreography and mesmerizing talent, captivating the audience with its grace and precision.

The Welcome Address, Vote of Thanks, and compering were delivered with poise and excellence. In conclusion, the Class V Annual Day was a remarkable success, leaving a lasting impact with vibrant performances.

Ms. Ajitha M.
Faculty member

Keezhadi Museum: a Glimpse into Ancient Marvels

In the heart of Madurai lies a treasure trove of historical wonders – the Keezhadi Museum. Recently, I led a group of enthusiastic students of class 6 on a field trip to this archaeological gem. Keezhadi, an archaeological site near Madurai, has unveiled the remnants of a vibrant ancient civilization. The museum, established to preserve and display these archaeological marvels, proved to be a captivating destination for our young learners.

Upon entering, the students were immediately immersed in the artifacts and exhibits that echoed the daily life and cultural richness of the ancient Keezhadi inhabitants. From intricately crafted pottery to tools of ancient eras, each display painted a vivid picture of a civilization that thrived centuries ago. What set Keezhadi Museum apart was its commitment to education. The exhibits were not static; they came to life through detailed explanations and interactive displays.

As we left the museum, the students carried with them not only a deeper understanding of the past but also a sense of awe and appreciation for the archaeological efforts that continue to unveil the mysteries of Keezhadi. The field trip to Keezhadi Museum was a brief yet impactful journey that left an indelible mark on the young minds, fostering a love for history and cultural exploration.



Ms. Celin Jenifer E.
Faculty member

Sales Day 2022-23

“Tell me and I forget, teach me and I may remember, involve me and I learn.”

– Benjamin Franklin

Jeevana always encourages the teaching-learning process through activities. ‘Sales Day’ is one such activity in Mathematics and students of class 8 were involved in that. Different types of stalls were organized and students displayed their own handmade things and other products. They were very energetic and enthusiastically managed their business. All the students used their own business strategy, spoke very well to attract customers,

maintained their stalls and provided the customers with proper bills. They have learnt practical Mathematics actively through this activity. We are happy to see many future entrepreneurs & business magnates during this Sales day. The highlight of the activity is that all the students have given their profit to the charitable 'Make a difference committee' of the school.

Ms Arumuga Priya V.

Head, Dept. of Mathematics (Junior Wing)



Sales Day 2023-24

Jeevana is a firm believer in encouraging the teaching-learning process through activities. One such activity is the "Sales Day" for 8th grade students, which is an extension of their classroom experience and aimed to provide students hands-on experience in sales and marketing. With the support of the Principal, the Vice Principal, Teachers, Students and Sub-staff.

Students participated enthusiastically in the event, exhibiting excellent ethics and great effort. The day was a resounding success, generating a profit of Rs. 11,000. The profits were donated to Jeevana's Make a Difference committee to support orphanages and old age Homes.

Ms. R. Anitha Banu

Head, Dept. of Mathematics (Senior Wing)

National Mathematics Day

We celebrated National Mathematics Day on the 22nd of December, as a remembrance of the great Indian Mathematician, Srinivasa Ramanujam. Many games and projects were done by the students of Grades 1 to 8. All the noticeboards and classes were decorated with lots of mathematical projects and facts presented by the children. Class-wise programs were conducted as follows :

Grades 1 and 2

Students of Grade 1 recited Addition tables and a few children spoke about the importance of Maths. Students of Grade 2 beautifully dressed up as Ramanujan, Albert Einstein, Pythagoras, Shakunthala Devi, Arya Bhatta, and Dr. Abdul Kalam and they spoke very well about their contribution to the world. There was a song on the importance of

Maths, demo on multiplication tables made easy, brain teasers, puzzles and riddles. Amazing games were played on odd and even numbers, subtraction, and the importance of Place Value. The kids performed a dance for the shape song.

Grades 3 and 4

An amazing mega project was done by the children and it was organized very well in the Junior Section Auditorium. The auditorium was beautifully covered with geometrical shapes. All the students made geometrical shapes and tangrams which were arranged in an excellent way. The robot with all the shapes gave the realistic feel of a robot. The park with the geometrical shapes was an innovative idea. The model of the swing, slider, and ladder was eye-catching. The spinning wheel was a very colourful pleasant looking seats. The basketball court was amazing. Different figures were made of cubes, cuboids, and cylinders. Excellent pictures were made of the tangram: the man jumping, running, and sleeping; birds, fish, butterflies, houses, and cats - they were so good. Different types of polygons were also displayed. Mind-blowing quotes were also displayed.

Grades 6, 7 and 8

National Mathematics Day was celebrated in a well-planned and interesting manner by students of Grades 6, 7 and 8.

Grade 7 students started the day with information about the great Indian Mathematician, Srinivasa Ramanujam, Aryabhata, and Sakunthala Devi through the PA system. It was really informative. They entertained us with interesting riddles and facts about Maths. All the sections of Grade 6 students did an activity on multiples - the multiples were written on leaf-shaped





papers and made as plants. Grade 7 students did an activity on geometrical shapes and they consolidated all the shapes into a wall hanger. Grade 8 students did an activity on tangram, made different figures using the tangram, and decorated the class with the same. It was very colourful. Overall, it was a vibrant display of different mathematical concepts.

Ms. Arumuga Priya V.

Head, Dept. of Mathematics (Junior Wing)

Sports Day

School Sports Days are vibrant events that bring together students and Teachers for a day filled with camaraderie and healthy relationships.

Our school Sports Day, typically, held section-wise, once a year paves way to showcase various sports and activities, fostering team work, physical fitness, school spirit, and sportsmanship.

10th August, 2023, kicked off with an Opening Ceremony, where our students of Std VII & VIII marched in teams representing their Houses. This year adding essence to the 40th year anniversary of our school, had students dressed up in their respective House Colour uniforms accompanied by music and cheers. This was followed by our Director, Dr. Ramesh, doing the honours of declaring the Sports Meet open.

The atmosphere of our school ground was charged with excitement as all the participants participated in an array of Events such as Yoga Presentation, Mass drills by both boys and girls of Std VII & VIII with various props and the rhythmic moves by the Aerobic girls. The most awaited thrilling events of the day started. The 100 mts. sprints and 4x100 mts. relay showcased that our students are real athletes who exploded off the blocks striving for a swift finish. The players who worked in seamless coordination in the high speed race; their timing and precision; their elements of strategy to the sheer speed of each runner were an electrifying experience that highlighted their team work and individuality.

At the end of the day, winners were celebrated without missing our focus on participation, sportsmanship, and enjoyment of the day's events.

Our Sports Day not only highlighted physical health and fitness but also instilled values of teamwork, perseverance and fair play leaving everlasting memories in our life.

Ms. Juliet Mary Esabella P.
Faculty member

Teachers' Day

"Empowering Tomorrow's Leaders: A Memorable Teachers' Day Celebration"

Teachers' Day at our school on 5th September, 2023, was a unique and inspiring experience. In a role reversal that showcased the students' leadership skills, the 12th grade students took charge of classrooms, stepping into the shoes of their Teachers for a day.

The corridors buzzed with anticipation as the senior-most students prepared to impart knowledge and share their insights with their younger counterparts. This initiative not only highlighted the students' academic prowess but also fostered a sense of responsibility and fellowship among them.

Throughout the day, classrooms became lively hubs of learning, with senior students confidently delivering lessons and facilitating discussions. The younger students, in turn, actively engaged in the learning process, eager to absorb the wisdom and knowledge their peers had to offer.

The event concluded with heartfelt expressions of gratitude from both the teaching staff and the students who had temporarily stepped into the role of educators. It was a day that not only celebrated the importance of teachers but also underscored the potential within every student to become a leader and mentor.

In essence, our Teachers' Day celebration transcended the traditional teacher-student dynamic, leaving an indelible mark on both the givers and the receivers of knowledge.

Ms. Celin Jenifer E.
Faculty member



Keezhadi - a Historical Treat

A field trip to Keezhadi was, indeed, a historical treat to all the students this academic year. It started with full enthusiasm and fun. It was organised by the Management in a very effective way class wise, so that it would be beneficial.

Students of Grades 7 and 8 were filled with excitement to know about the unearthing of the Vaigai Valley which was connected to the civilization of Sangam Era in Tamil Nadu.



We visited the museum which was divided into six galleries based on various titles related to life and society of the Sangam Era.

We also had a chance to get a glimpse of artifacts of the Vaigai valley ancestors.

A replica of a cargo ship, earthenware, pottery and coins piqued the interest of students. Students were very eager to



watch a documentary film on Keezhadi and to take notes on each and every article displayed there.

I thank the management for arranging such a wonderful educational field trip for the students.

Ms. Roja Rani A.
Faculty member

Technology Traps

Jeevana hosted a session for class 8 on cyber bullying and gadget addiction on the 4th of December, 2023. It was hosted by Ms. Muhil who had done her BA (Sociology and Psychology), MSW (Medical and Psychiatry) and Psychology.

These objectives were discussed in the session:

- ✦ The meaning of cyber bullying: Cyber bullying affects mental health and can be a cause for depression, anxiety, inferiority complex. The best way to deal with this kind of situation is not to personalize it, not to respond and to block the person.
- ✦ Talking about it to someone he/she trusts can also help.
- ✦ Recognizing gadget addiction at the right time is vital.
- ✦ Addiction can cause a happy hormone, dopamine, to be secreted in huge amounts, which is bad for health. Due to that children start disliking studies.
- ✦ By deleting their Social media accounts and keeping their gadgets aside for 90 days, dopamine detox can be done.



A few tips for the parents as well:

- ✦ Make some time for the whole family to have fun together.
- ✦ Family trips like long drives and walks can help the students stay addiction free.
- ✦ You can plan something for a whole day and enjoy the family time.

The students enjoyed the session just as much as Ms. Muhil.

Arunima Anant Achary, 11B
Newsletter Reporter



My Journey to Creative Writing Nationals

Since my childhood, I've always had passion and admiration for all forms of writing. Be it story writing, poetry, diary entries or just jotting down thoughts, I've grown fond of expressing myself through literature. They are rather informal and don't really have that quality or perfection, but I have authored an anthology mentored and published by Scholastic, so I did have a little bit of experience in writing formally.

One day at school, I heard about the ASISC Literary Competitions and decided to participate in Creative Writing. The preliminary round was conducted at school on the 28th of June, 2023 and I just gave it a shot. I got selected. The first round was held in TVS Lakshmi School-a Zonal-level competition. I had gone through some articles written by students around my age and browsed through a few short stories, but I really didn't know how to prepare and how tough the topics were going to be as it was my first time at a writing competition. I felt like the other contestants there were so relaxed and ready, but I certainly was not.

I was part of the Junior Category (grades 9&10) and throughout all three levels, the word limit was 500. There were 4 topics of which I chose "Describe a place and its people that only exist in your imagination". We were given 15 minutes to browse their library. I secured the first prize which came as a shock to me ! One of the judges called me aside and spoke to me, expressing how she thoroughly enjoyed reading my entry, that my vocabulary was unique and how she loved my style of writing.

The Regional-level competition, was held at The Grove School, Chennai on 25th August, 2023. It was at State-level because the top three winners of all Zonal-level competitions held in Tamil Nadu were the contestants.

I was very nervous, but I had had quite a bit of training ; so I was confident at first but when I went to the hall and saw my competitors, my anxiety started brewing up.

There were 3 topics given, of which I chose "In a futuristic perspective, if you would have a personalized robot, what would its capabilities be and how would it be useful?". I panicked a little because I thought none of the topics really had too much scope to put imagination into play- one was related to politics and the other, Olympics. I had also asked permission to use their library for a while, where I used an encyclopedia to read about Robotics and Technology, which proved to be quite useful. Also, as I brainstormed, I mustered up quite a bit of courage .

We were served lunch, and the announcement of winners was after that. My mom, grandma, little sister, Iniya and I waited anxiously. They delayed the announcement for several hours because judges had to read through so many entries. Finally, when my category



was being announced, and I heard my name, I was completely flabbergasted. I saw Ms. Thirumamagal Natchiar S., my mom, sister and friend cheering and celebrating as I stood there in shock.

The national level competition was held at XIM University in Bhubaneswar. Only 2 students from our school were selected for the Nationals and I was thrilled I would get to travel that far, describing vistas on the way and the fact that we were going by train was even more exciting, since I'm constantly consumed by wanderlust. The train journey was a total of 30 hours with a 5-hour layover in Chennai. I had a lot of fun and we got to explore the city a little the day before the competition.



I had some help from Ms. K.S. Lakshmi, who had given me tips, motivation, training and greatly inspired me. I was absolutely terrified thinking of the people waiting for results back home and so many well-wishers that I didn't want to let down. All my friends, family members and Teachers who had hoped for me to win- I wanted to make them all proud, so I carried that tension, too.

We woke up at 4 a.m. on the day of the competition because the venue was actually an hour away from the hotel we were staying in. I had my formal attire on, feeling like a business woman. I was super stressed as I had no idea what kind of intellects I'd be pitted against, considering the fact that the other contestants were going to be regional prize winners from all over India. The university campus was incredible. It was like nothing I've ever seen in India before, so luxurious and futuristic.

The contestants were split based on their categories and competitions and we were taken to our respective venues where we waited for half an hour for an introduction to the competition, the rules and the topic. To my surprise there was only one topic, "Robotics is the future replacement of man; challenge or champion, pinnacle or perish." I delivered my opinion both for and against the topic, 4 paragraphs on how robotics and technology are going to take over the world in a few years, and 4 paragraphs on how humans will always be the most superior being, and then expressed my hopes and visions for robotics and AI in the last 2 paragraphs. I didn't have too much faith in myself, especially after seeing all the other top-notch contenders.

We had lunch, with the excruciating agony of having to wait for the results. We explored the campus a little, said our prayers and hoped for the best. Finally, when it was time to assemble at the main hall for the announcement of victors, my whole body was trembling with a tormenting trepidation. I knew I hadn't come so far for nothing, and had in mind all the supporters that I wanted to bring pride to.

“And the contestant that bagged the second prize in Creative Writing under Junior Category is...MITHRA representing Tamil Nadu, Puducherry and Andamans!” My heart definitely skipped a few beats when I heard those words. My mother and I could not contain our happiness as I was presented a trophy and a certificate of merit. My worthy opponent that secured the 1st prize was from Uttarakhand, and I had made a few friends from Madhya Pradesh, Karnataka, Gujarat and Bihar.

Winning at the National-level means a great deal to me. That, and getting to meet so many people from all over the country, travelling to places I’ve never seen before as well as the exposure. It was overall one of the best experiences of my life, one which I’ll never forget, and I genuinely hope for many more such blessings and opportunities.

Never let fear of failure stop you from embarking on wonderful journeys. I implore you put yourself out there, try new things and discover what you’re truly made of!

Mithra Karthik
X-C

Science Exhibition



Our school conducted a magnificent science exhibition on the 1st of December, 2023, in which we, the students of Grade 9, exhibited our amazing and trailblazing science experiments. The main objective of this exhibition was exploring ideas, innovating and sharing with others our creativity and knowledge about the exciting subject of science.

It is not just about exhibiting elegant experiments but exchanging our knowledge with each other. We are truly happy to have done something that would enrich and uplift our society more and more. We also hope to implement these ideas in our daily life. The





exhibition was almost like a science gala, where we learned valuable information through an enjoyable way.

Speaking of which, I would like to share with you a few experiments that stood out the most. The deadly 'piranha solution' that could dissolve anything as a starter'; a useful yet unknown method of storing food using a natural refrigerator and metal detectors that were always on guard. From colour changing solutions to massive explosives, we witnessed a plethora of scientific creativity showcased by our friends.

We are grateful to our Teachers who encouraged us to think out of the box and helped us to make it a memorable day for each of us. We also hope the exhibition would inspire the young minds of our school to explore further and to exhibit their sparkling innovations in the years to come.



Esther M.
IX-C

Field Trip to Agricultural College and Research Institute

A field trip to Agricultural College is a great way for students to learn about different aspects of agriculture. Students get a firsthand experience of how food is grown and processed, and they can also learn about different career opportunities available in the field of agriculture.

Students of class 10 were taken on a field trip to Tamil Nadu Agricultural College and Research Institute on the 24th of August, 2023. It is placed at the foothills of Yanamalai, a small rocky mountain, on the western side of the campus.

The green, picturesque and rustic atmosphere has made the campus a favourite picnic spot for students of various schools and colleges, in and around Madurai.

The students had the opportunity to see a wide variety of agricultural implements including ploughs, harrows, cultivators and planters. Students were able to learn about different uses of each implement. It was briefed to the students by a senior Professor from the institute.

The Professor also gave his insights into different career opportunities available in the field of agriculture. He spoke about the importance of agriculture in the world and the many different roles that people play in the industry. He also encouraged the students to consider a career in the field of agriculture.

They also learned about a variety of agricultural techniques, such as crop rotation, irrigation, and pest control. The instructor explained the importance of each technique and how it can be used to improve crop yields. Enthusiastic students got their doubts clarified during the interaction.

One of the highlights of the field trip was a visit to the college's nursery. The nursery was full of colourful, healthy diverse range of plants, where students were able to learn about different types of plants that are grown there. Saplings sold there were eagerly purchased.

Overall, the field trip to the Agricultural College was a valuable learning experience for the students.

Ms. Alamelu Priya D.
Faculty member

Exploring the Extravaganza of Yercaud

You are very less likely to find a bunch of teenagers wide awake, brimming with energy at 5 on a Saturday morning; well, that's unless they are all decked up to explore a jewel of the south with their best friends and beloved Teachers.

After getting all the "showers of blessing we need", we set off on a once-in-a-lifetime experience to the beautiful hills of Shevroys. With some refreshments and a light breakfast on the way, we managed to reach the hill station by 11 a.m.

The breathtaking view of lush green valleys and picturesque landscapes greeted us with a cold breeze. We then headed to the Shervarayan temple, which was crowded at that moment. Yet, a few of us were fortunate enough to receive the blessings in the form of 'chakkara pongal' made at the temple .

Located next to the temple was a viewpoint called Pagoda Point. Unfortunately, we could not get much out of it due to the inevitable mist formation. However, we had the ultimate fun shooting balloons, eating 'bajjis', and going on a couple of rides on a boat swing.

Amidst all the excitement, we nearly forgot about our lunch. Around three, we halted at the parking lot of 'The Lady's Seat' - yet another tourist spot. We devoured meals from Saravana Bhavan, cleaned up all the mess we had made and climbed a few metres to an

exotic sight. The panoramic view stretched as far as the eyes could see, leaving all of us in awe of nature's beauty. We did not leave a chance to click pictures until all our Teachers' phones were out of storage space .

As the sun bid its farewell, we bid ours with some souvenirs. The entire city was illuminated as we climbed down the hill; the sheer beauty beneath us left us with a profound sense of wonder and gratitude. Leaving the hill station was bittersweet as we carried with us memories that would be forever etched in our hearts.

Blasting music all the way down the road, we finally reached home by 2 am- all tired and exhausted, nevertheless excited for the following week of holidays.

This trip to Yercaud was an unforgettable chapter in our academic journey. It allowed us to connect with nature, appreciate its wonders, and forge stronger bonds with our peers. The hills beckon us still, and I know that one day I will return to relive the magic .

Roshni A.
XII-B

A Lit Festival

I joined a painting competition sponsored by Bangalore Literature Fest in Bangalore, many years ago when I was in Grade 3. I won the competition and went to Bangalore for the Literature Fest. It was held at the Lalit Ashok Hotel. So it has become a habit for me to see my favourite authors during the Bangalore Literature Festival whenever possible.

The Bangalore Literature Festival celebrated its twelfth edition on 2.12.23 and 3.12.23.

I arose at 6:30 a.m. on a sunny Saturday to take in the splendour of Bangalore's natural surroundings from my aunt's balcony. At 9:50 am, I arrived at the hotel.

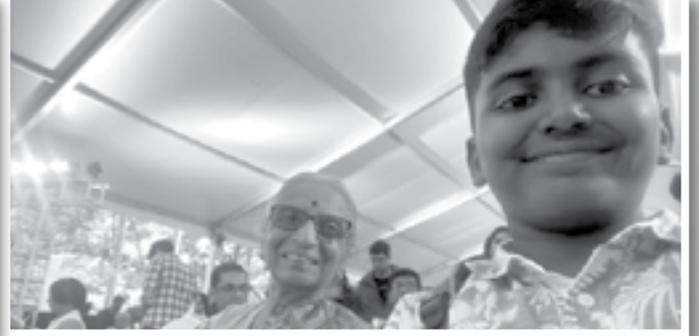
At ten in the morning, the talk around the poolside turned to Mr Amish Tripathi's best-selling novel, Idols. Mr Amish and Ms Bhavana Roy engaged in a discussion over the benefits of idol worship.

At 10:50 a.m. a conversation about Gopi Murthy, a golden retriever, and her Ajji, Ms Sudha Murthy, took place at Forest Friends (hut), CLF. The Gopi Diaries, her book, was the major topic of discussion. Ms Sudha Murthy was pleased to answer when I asked her if the dogs' capability to communicate originated from their diverse languages.

Ms Milee Ashwarya had a discussion with Ms Sudha Murthy at the Lawn at 11:45 a.m. regarding her book Common Yet Uncommon and I learned how common people possess an extraordinary impact on our lives. When I first met Ms Sudha Murthy, we had a brief conversation. I forgot my misery and a fresh start began in my heart on this particular day.



Me asking a question to Ms. Bhavana Roy and her brother Mr. Amish, author of Ram Chandra series .



I am asking for an autograph from Ms. Sudha Murthy Aiji, Sitting next to her is her sister Ms. Sunanda Kulkarni, author of How not to get wet in the rain .

The discussion theme for the next Blue Couch meeting was “bad boys and bad girls, the anti-heroes of mythology,” with Ms Koral Das Gupta and Mr Anand Neelkantan participating. I liked the banter between Mr Anandha Neelakantan and Ms Koral Dasgupta. I got their autographs.



Mr Anand Neelkantan, author of Bahubali series

I hurried to the tennis court at 4:15 p.m. The topic of discussion was Jainism, which fasts alongside monks and feasts with deities, featuring Krish Ashok and Devdutt Pattinaik, popular writers of best-selling books.

And the most memorable moment for me was actually getting to meet Shashi Tharoor in person. The bodyguards rushed to scatter those who were blocking their way as they got closer to the Congress MP. He smiled at everybody as he went. It was a wonderful experience for me .

Leonardo K. Marx
VII-B

The Investiture Ceremony

The investiture ceremony was a great event. Imagine a mix of formal vibes and pure excitement. So, there we were, all gathered in the HS block auditorium, all decked out, and parents in the mix, too, snapping pictures like paparazzis!

The event started off with the Welcome Address by a fellow classmate and our Principal gave an interesting speech based on the Mahabharata. But wait, the cherry on top? Our Chief Guest was this doctor who was really inspiring and so was her speech. Who knew that a talk by a doctor could be so motivating! Then, the Head boy, Head girl, Vice Head boy, Vice Head girl and all the Prefects were given badges by the Chief Guest, Heads and HODs.

After receiving the badges, an oath was taken and it wasn't just the Prefects getting the spotlight: every student got their moment, too. Everyone got a badge based on their committee, making it feel like a badge bonanza.

The day held a double celebration, recognising not only the investiture of new Prefects but also honouring the high achievers from Class 10 and Class 12.

Finally, the Event ended with the Vote of Thanks. In a nutshell, our Investiture ceremony wasn't just about badges, it was also a reminder that everyone in our school is a rock-star in their own way.

Shrikamatchi K.

XII-A

English Day Celebration

The celebration of English Day is a reflection of Jeevana's understanding of the importance of the English Language. Grade 11 students took centre stage, showcasing their talents in a variety of engaging performances. The highlight of the day was undoubtedly the series of skits presented that not only captivated the audience but also conveyed important messages.

Adding a musical flair to the presentation, the Orchestra snatched our hearts with renditions of popular songs that set many a heart aflame. Laughter echoed through the auditorium as a stand-up comedy performance had infectious laughter ripple through the hall.

English Day at Jeevana was more than just a celebration of language. It was a testament of Unity. The backdrop and the background music were skilfully handled. Behind-the-scenes unwavering support of the teaching faculty played a crucial role in the success of the day.

The unique spirit of Jeevana, our school, never fails to provide opportunities for students to elevate their talents! I am proud that English Day has become an annual tradition the School looks forward to!

Sona S.

XI-B

Sports Day : Grades 9 to 12

A day of surprise and excitement filled the school: students being overwhelmed with joy of sportsmanship. All the eyes were waiting for this day to get the fruit of their hard work. Obviously it is the Sports day of our school. It is the day students were looking forward to bring the sportsperson out of them.



In the history of Jeevana, a friendly match between rain and sports day at last come to an end. This paved way for the advent of Sports Day on 14th August, '23.

Team captains were like Captain America in Endgame instructions as “Avengers.. assemble”, showing the warriors on battlefield with dazzling colours, chattering sounds and melody of whistles. All our champs gathered around as we welcomed our Chief Guest , Dr. Ramesh Sundaram.

The burning fire of sportsmanship was lit as rays of the sun glistening on us had our comrades ready for the March Past. With our heads held high and team spirits shining bright, we were marching forward, representing our respective Houses with pride and determination. Each House had trained diligently, and that day we witnessed the culmination of their efforts.

After a captivating March Past, It was time to witness the pinnacle of athleticism. It's a day to celebrate and cheer our participants. Next, we had the pulsating track events. As the young athletes lined up, having their adrenaline packed, cheering of House names started to rise... Himalayas!! Vindhya!! Nilgris!! Shevroys!! The energy was just off the charts.

Manifestation of tenacity and spirit was in every win and every effort. We concluded the Event with an energetic award ceremony. Every champion was given the honour and recognition. In sports, every effort counts. So all the participants were winners. The March Past Shield and the Overall Cup of our school were bagged by the “Shevroys” .

After thanking all the Students, Teachers and spectators who were part





of this incredible day, it was time to remember that sports, above all, is about friendship, respect and understanding. As we came to the end of the day, we were proud of the battles fought and the lessons learned.

N. Keerthikaa
XII-D

A Teaching Experience: a Learning Experience

Most of us would have dreamt of teaching a classroom of students but all will not get that opportunity. This year, we, the students of class 12, were introduced to the concept of being one-day Teachers at our school.

A week before Teachers' day, we were informed of which Teacher's role each of us was going to do. When we got our roles, each one of us was bubbling with excitement: a few were discussing the outfits like formals, saris, etc., but everyone had some fear about the term 'TEACHING'.

Two days before the D-day, we were supposed to prepare lesson plans according to the timetable and get the consent of the respective Teachers. Eventually, 5th September, 2023 arrived! When I entered our classroom, which was actually the staff room for us for that day, it was filled with some strange but enthusiastic atmosphere. As soon as the bell rang, I grabbed my books and rushed for my first period. I was happy that the students welcomed me heartily.

Then one aspect that I would like to highlight was the time when I had to rush all the way from Higher Secondary Block to the second floor of Senior Section. When I reached the class, I found myself gasping and sweating. Gulping down water, I realized how our teachers rush from one class to the other every day.

And then after our usual break, I realized that I had three block periods with class 11. I somehow managed to make the class interesting with activities and some useful concepts. On observing the class and the faces of the students before me, I really felt weird and thought about how we used to sit in our class and about our Teachers' condition before a group of students, literally, sleeping, that too after lunch. Then when the bell rang, my mind was relaxed because I was free for the rest of the day. When I was having lunch, I could see few of us gulping the lunch and going for the next period.

And that's how the day ended with several thoughts about the difficulties faced by our Teachers every day with us. It was a tedious day because many of us suffered with cramps in the legs the next day as we had stood for a long time in the classes, but thank God that we didn't have the long process of marking the test papers. Seeing all this, I just wished that everyone should cooperate with their teachers.

Last but not the least; I would like to thank our Principal and the Head of our family, Mr. A.K Srinivasan and all the Teachers for giving us this opportunity of teaching, socializing and gaining many friends from the classes that we taught.

Pratheeka Babuji

XII-A

Adolescent Awareness Programs

In our school, for the girls of class 10, an adolescent awareness program was conducted on 28th July, 2023, by Dr. Sonia who is our alumna. We were informed about menstrual hygiene management, problems related to and myths associated with them. We were explained that these are the normal changes that every adolescent experiences. The session further extended to discussing the problems we face like stress, depression, peer pressure, self-esteem, academic pressure, mental problems and that should not indulge in wrong practices and we should inform our problems to our parents and teachers and not to discuss among peer group.

It gave insights into the menstrual problems we face like painful cramps, heavy bleeding and irregular periods. It was said that around two years after puberty we would be facing irregular periods, but, if the problem persists, it is good to get a suggestion from a gynaecologist after informing the parents.

We were told that the personal hygiene like regular bathing, changing sanitary napkins every 5 to 6 hours and proper disposal of pads were important. We were advised never to believe in any myths and that periods are just nature's way of saying you are growing up, and exercise and playing sports can actually help relieve pain. There was a separate 15 minute session for the students to come out with their questions that trouble their mind and Dr. Sonia clarified our doubts patiently without any hesitation. It was a safe and open environment for discussions, allowing students to ask questions and seek guidance and receive support.

This program actually contributed to the overall well-being and success of students by promoting positive behaviour, building resistance and fostering healthy relationships. This will also help Jeevanites to focus well on academics and strive for excellence. So, I thank my school for conducting a very beneficial program and Dr. Sonia for her contribution, on behalf of my classmates.

Prarthana Srilakshmi G.

X-D

Snippets from other Sessions

Dr. Dhivya, an Assistant Professor from the Department of Gynaecology, addressed the girls of standard XI and XII.

When she finished elucidating the necessary details, she held a Q/A session in which she clarified the doubts shot by the students. One of my classmates asked, “Why are girls not allowed to offer prayers and take part in religious ceremonies?” Dr. Dhivya replied, “It’s just a myth that menstruating women are impure. But, we follow these practices to respect religious sentiments.”

S. Rajapadmasri
XI-B



On the 28th of July, 2023, the girls of class 9 attended a special session on “Health Awareness”, by Dr. Sonia. She introduced herself as an alumna of Jeevana School and a paediatrician by profession. She was taken aback when the Principal told us that Dr. Sonia was one of her best students.

The doctor was content about making the girls’ minds clear about the sudden changes in their body. We then walked back to our classrooms feeling very happy that the last two periods had been different from the usual.

Abhipsha S.
IX-A

Make a Difference Committee

As we know, kindness is the language which the deaf can hear and the blind can see. We, the students of Make a Difference Committee of class 12 were given an opportunity to visit Joseph’s Blind School, Paravai.





It was one of the most heart touching experiences we had. We didn't actually feel like it was Blind school. All the kids seemed to be fine there. They were well versed in yoga, Silambam and the most important, Braille Reading. They amazed us by showing that we can even learn mathematics using Abacus and Braille codes. We even met a teacher, Ms. Muthu Mari, who had completed M.A B.Ed., (English major) in Palayamkottai, Tirunelveli district. She teaches the students to use Braille reading and also mathematics. Those students welcomed us by singing "Showers of Blessings" which we used to sing in our school. They even have Annual Days. The most fascinating part was the playtime we had. We were playing football with them, and we couldn't beat them actually. Their football had a bell inside it. It was actually mesmerizing. The elder sister in that school gave us fresh flowers as a blessing for our Board exams. We were amazed that even blind people could use the phone using talk back option in our settings.



At last we danced with them and enjoyed the day. It was one of the best days we ever had.

Sujitha C.
XII-B

Career Guidance

Mr. Shyam Krishnamurthy set the ball rolling every session by citing various case studies and practical examples. He introduced us to various courses of Science and Commerce and explained the sea of opportunities in the outer world. He encouraged us to choose the field where we are interested in, rather than allowing somebody else to govern it. He actively engaged with us and inquired about our concerns regarding career choices.

Mr Shyam had emphasized on the changing global scenario, where certain career options are gaining popularity while others are becoming obsolete. He further emphasized the significance of skill development over acquiring degrees in today's world.

Mr. Shyam had also introduced some unconventional career options in lesser known fields such as Sports Engineering and Match move artistry . Sports Engineering is basically a branch of Engineering but it is applied to sports. Mr Vivek, a Sports Engineer, enjoyed basic Physics more than advanced Physics and was able to relate to it more in an everyday sense. Match moving is essentially matching the virtual camera with the one used in the live action shooting, along with its moments in the most precise manner. Match move artist seamlessly combines live camera shots into a 3D environment.

I found the sessions very informative and beneficial as I gained a plethora of insights into career options.

Krishna A.
XI-A

Behind the Scenes : A Special Feature on the Making of the Souvenir and the Grand Annual Day

Based on an interview with Ms. Juliet Msry Esabella P.

Ms. Juliet said that the whole Mega Annual Day planning was kick started by our Director, Dr. Ramesh Sundaram. She said that Sir had sent her some video links of various presentations, out of which some were selected for the Presentation. The Annual Day comprises the following programs: Prayer, Welcome dance, Torchlight presentation, a light dance which portrays 'Jeevana 40', a unique yoga sequence, a distinctive showcase of Silambam stunts, an umbrella dance, a stunning Karate display and finally the showstopper, an interview session where Mr. M.S. Iyengar will be interviewed by his granddaughters. The program would end with addresses by our Principal and the Director.

When asked about the uniqueness of the programs, Ms. Juliet said that the welcome dance would include all types of Tamil folk dances, like Bharatanatyam, Kavadi, Kummi and Karagam. To infuse diversity, Rajasthani folk dance would be incorporated as well.

Ms. Juliet talked about how the ball was set rolling: The album songs for the dances were selected and approved. Then came the most hectic part- selecting the students. They were handpicked by Teachers. Ms. Premalalitha (HM), Ms. Menaka M.J., Ms. Sabitha G. and many more teachers were part of this tedious process. This planning started in July and ended at the end of September. After all this, the practice sessions started in October. Initially, the practice sessions were held during Games, TT and CC periods, where all the students of a standard would be together. Later, when November started, regular practice sessions were held. Ms. Juliet added here that she was very grateful to the people who work the timetable.

Ms. Juliet then talked about the setbacks she faced. The first and foremost one was participants coming down with flu and various other medical issues. Then came the portion completion: The Mid-Term portions were completed in extra periods and Talent Time periods. Teachers did their correction work at home. Many children withdrew from the programs after knowing that they would have to practice intensively for five days before the Mega Annual Day. Despite all these, teachers felt that, discipline was the most important issue of all. Ms. Roja Rani A. headed 60 students and Ms. Juliet headed 80 students. Owing to the large number, some ruckus was created during practice sessions.

However, Ms. Juliet feels that these setbacks are nothing compared to the result on the final day.

When asked about her thoughts on this whole Mega Annual Day, she said that it was a great opportunity for her. She felt proud that she was a big part of an historic event. Even though she had worked at Jeevana for over 15 years, she was amazed by how one man's determination could result in something of this grandeur. She felt privileged for being part of this Mega Annual Day. She felt that this was more than a blessing.

Based on an interview with MYTHILI K.S.:

Ms. Mythili, who heads the creation of the Jeevana 40 Souvenir, stated how she got into the groove. She said that it was a hard job as it had to reflect the love, the passion and the memories that is Jeevana. She felt that it was an impossible task compiling almost 4 decades' worth of emotions and milestones into one booklet. She collected many sample books from various colleges, for they had to be the best. After that she got some messages from the outstanding alumni of Jeevana school who have contributed much to the society. She hilariously recollects pleading with Mr. Karthikeyan, an IAS officer who is an ex-Jeevanite, to give her a message for the souvenir. After this came the photo hunting. She felt that the pictures taken in the past would portray the memories, activities and children associated with Jeevana in a heartfelt and apt manner. Back then, when phones weren't that popular, professional photographers were hired by the school to capture many hearty moments.

Ms. Mythili said that Jeevana's milestones-starting out in Melur Street to Pillaiyar kovil street, to Pasumalai, and to Ponmeni, could only be brought out by photographs. She reminisces all the activities that were held in Jeevana and regrets not being a student here. She said that it was a humungous task covering all the events that happened right from LKG to class XII.

There is a section in the souvenir, dedicated to achievers in sports and academics. It includes people who got state ranks and gained various merits. It will also include the Chairman's message.

When asked about the setbacks she faced, Ms. Mythili said that getting the messages from the ex-Jeevanites was the major one as they were very busy performing their jobs. Then came the financial aspect- the cost had to be within the budget. The quality of the photos taken long ago was not good, so many teachers were working on reviving its old

splendor by using various apps. She felt that it was hard fitting 40 years' worth of memories within 15 to 16 pages.

When asked about her thoughts on the whole, she felt that she was very happy and blessed to have got this opportunity. Even though it was extra work, all the Teachers involved worked as a team. She felt very confident about the outcome of the souvenir and said that it would come out just as they expected. She said that God's hand would definitely bestow blessings upon them and that the Chairman was their lucky mascot; (When he worked at Jeevana, he used to perform poojas every day at 10 AM). When Ms. Mythili asked him what he was praying about, he said that he was praying for all the teachers and the school. She said that Sir's spiritual blessing would guide them all through.

The Chairman is an honest and empathetic person who believed in second chances. Ms. Mythili concluded by saying that she was very lucky to work here while the students were even more lucky to be studying here.

Aruna K. XI-A & Arunima Anant Achary XI-B
Newsletter Field Reporters



Family Day Celebration

Family Day Celebration was a special event held on the 15th of August, 2023, for the families of the Teachers and the sub-staff of Jeevana School. As it was the first time celebrating an event like this in Jeevana School premises, everybody was very thrilled and excited.

The programme was kick-started by the Principal who had a set of questions to ask the Teachers and their families. It was quite an amusing interaction. It not only made everybody laugh and giggle but also boosted everyone's enthusiasm in looking forward to the day.

Following the Q&A session, the program continued with the pre-planned performances that were presented amazingly by a few Teachers and their families. There were traditional classical dances, fusion dances, freestyle dancing and singing which left the audience very much in awe. Each one of them was surprisingly unique and the performances were so incredibly well coordinated that it instantly resulted in loud cheers from the spectators. Since all the performers were equally good, the show was very satisfying to watch. In addition to it, the audience remained very intrigued and energetic throughout the show and everyone absolutely enjoyed having a fun day to celebrate. Moreover, the teachers were very glad to be the centre of attraction for once.





After the completion of the hour-long programme, the Games Teachers organised multiple interesting games that were to be played by Teachers and their families. Since it included the involvement of almost everyone, it was one rewarding experience for all.

There were three games planned : one for the entire audience, second for the kids and the final for the adults. Everyone took part enthusiastically and enjoyed the games to the fullest. The Teachers, kids and their families had a stress buster kind of a day because of the perfectly planned fun games. Everyone's active involvement was phenomenal .



It was truly joyous and energising to be able to witness the School Auditorium filled with people totally enjoying themselves , having a big smile on their faces. When the event and games got over, everybody started leaving after the snack break.

Overall, everyone had a good time. The event was a roaring success owing to its smooth and flawless execution, amazing planning and painstaking efforts taken by the organizers.

Yashtika R.G. XI-B
Newsletter Field Reporter
Aruna K. XI-A
Co-writer



Teachers' Day Celebration : Special Reports by Newsletter Cub Reporters

The first class that I stepped into was V-E which seemed to be managed pretty well by Rushi Mukunth M.C. of XII-A, who was taking Science. From what I observed, I saw a few students excitedly getting up from their places occasionally to shout their answers when the Teacher raised questions regarding the subject. This eventually led to a lot of noise but the Teacher put in all his efforts to keep the students under his control.

In the second class that I entered, Raksha G. of XII-D had been taking English class in III-B. This class was so loud that I was able to hear them from the other side of the corridor. Apparently "Guess the object by the drawing" activity was being conducted and this particular class was amusing to observe because I saw students jumping and battling with the Teacher for their turn to draw. Despite being the loudest class in the floor, the students appeared to be having a good time.

For the third coverage, I stepped inside IV-C, where Keerthana P.S. of XII-B was taking Tamil lessons. I could already hear several students complimenting the Teacher on how hilarious she was because she had been cracking jokes and using English terms while teaching. She evidently appeared to be the students' "favourite student-teacher".

For the last coverage, I went in for II-D's Math class handled by Nidhish Kanna A. of XII-C. This was one excellent class that had been much calmer than the others. It was possibly because the students' attention was directed to solving the multiplication activity assigned by the Teacher where every individual was given a separate sheet and was to work on the sums individually. Hence, all the students did their allotted work quietly without causing any chaos. As a result, it was apparent that the teacher had an effective control over the class.

To sum up in the words of Ezhil Eniyan. SS of III-B, "The class was fun and I enjoyed, so I need 12th "akkas" always."

Nothing speaks so loud and clear on the success of the day as those sweet words.

Yashtika R.G XI-B
Newsletter Field Reporter



I'd never forget the way G.B.M. Sivadharshan of XII-C taught Nouns to the students of I-E. He wrote some sentences on the board and asked the little ones to identify the nouns in it. The second he wrote one, the class erupted with shouts of "Car!" and "Chocolate!", even though I don't remember seeing the word chocolate on the board. When he asked how his class went, he received various words of appreciation.

The second Dharshne S. of class 12-A entered the classroom of II-D, she was greeted exuberantly by its little inhabitants. The tots, who are usually distracted and fussy, were unusually obedient and forthcoming when she became their English teacher for the day.

The second she started an activity on articles, the kids flocked around her, eager to take part and earn a smiley sticker as a reward!

When I entered IV-B, the students were completely engrossed in what Divya Sakthi S. of XII-A was teaching: Social Studies. They were solely focused on her when she taught lithosphere and biosphere. Watching the students being so interactive and eager while she questioned them and hearing them shout “The Blue Planet” in chorus when asked was truly a sight to remember.

I guess the award for having the most patience would go to Ajay China Meyappan V. of XII-C. I entered class II-A, only to be struck by the sight of the tots listening to him seriously, while he took a lesson in Tamil. He read out aloud from his book,” Nila said that she was going to draw a picture based on the surroundings of her house. Now, what sights do you see from your home?” All the kids shouted their answers while he went around, patiently listening to everyone. When asked about his class, every kid answered that it was very good in their sweet Tamil.

When Swathishree of IV-B said “The akkas and annas were nice and jolly, they are teaching us many new things,” she epitomized the overall mood of the day.

Aruna K. XI-A
Newsletter Field Reporter



Teachers’ day at Jeevana this year was a total blast. The self-less teachers were able to recline, while their dear students of class 12 were in their shoes, taking over the whole school for an entire day.

The feelings of nostalgia flowed right inside me when I sat awkwardly among the students of class 8A. The thrilled students were more boisterous than usual. It sure was amusing to witness Ms. Ezhiloviya K. of class 12 coping easily with the electrified young faces. I was in the middle of a Value-Education class and the students were being taught about peace by their one-day Teacher.

The idea of peace to them was so minimalistic, such as-being in complete silence-Then, Ms. Ezhiloviya K. described two scenarios-one with a transparent river flowing between peaceful mountains covered by snow ; while the other with a storm ravaging a forest, where a bird is seen to be feeding its younger ones. She beautifully concluded that peace existed in both the scenarios, though the second scenario was described to be chaotic, as the mother bird fed its younger ones despite all the hurdles. Some back- benchers tried to evade the class with the classic ‘May I Use The Washroom technique’, but the clever teacher did not fall for their tricks. Then the whole class sang Jeevanites’ peace anthem ‘Light A Candle For Peace’ that is when the bell rang.

The next class I visited was 8C, which was relatively ‘stoic’ when compared to the previous class as Maths was being taught by Ramvikas R. of class 12. The students ‘ little faces were perplexed seeing a new formula, but little did they know that that was the tip

of an extremely tremendous iceberg. It was a typical maths class with less interactions and more writing. Some students tried to clarify their doubts with their regular teacher, who was enjoying her day-off at the back of the class.

At last, I proceeded to section B to complete the trio of A,B,C. The students were being taught basic chemistry by Ms.Bhuvishaa of class 12. Unlike the other classes, the students there were surprised to see me and started to ask who I was. I really wanted to reveal my true identity 'THE BATMAN ', but understood my responsibility and told them my other identity-a member of the Newsletter team.

The day was fun for both the students and the teachers as they enjoyed the classes and were really proud of their students in 12th standard who made the day much more special for their caring and lovely Teachers.

Shiv Mirthyu B. XI-A
Newsletter Field Reporter



Teachers are those people who impart knowledge towards shaping our lives and thus turning all of us into better people.

Yes! It was Teachers' Day, the day on which grade 12 students of Jeevana School enrolled themselves as Teachers towards showcasing their gratitude to their beloved teachers. No wonder, the whole school was filled with unfathomable enthusiasm for it was the first time that something of this kind was taking place.

Finally, there I was, in a corner of the 9A classroom pretending to take notes, having found myself a seat. Presently, I learnt that it was an English class by Sivadev Pandian from class 12. As he trained the students in English grammar , one must say that the class was kept entertaining and intriguing throughout the period, despite the fact that students are usually loathe to learning grammar. Engaging quizzes and spelling games were conducted, making the class even sprightlier.

As I went through a few of the classes, it was truly fascinating to see how incredibly those "student –teachers" were handling their classes, be it an English class or a Math class or any other, the students were pretty interactive. Invariably every class was high spirited, hilarious and yet productive.

Nevertheless, I found one of those classes, particularly exceptional, wherein the students, as they ought to be, were too notorious to be controlled. And the "student-teacher" lost his temper, tried to shout, but then he sighed. And I, who had been watching him keenly, could see his "genuine realization" about a Teacher's role. This particular moment of the day, that was phenomenal, really moved me. Well, that indelible moment had spoken it all: of the day's remarkable success.

R. Naresh Nandhakumar XI-B
Newsletter Field Reporter



In a world where gratitude is nearly obsolete, there emerges a glimmer of hope in the form of an innovative Teacher's Day celebration at our school. As the great scientist/inventor Benjamin Franklin once proclaimed, "Genius without education is like silver in a mine," and this year, our school took a unique approach to express heartfelt thanks to our Teachers. The stage was set for an unforgettable day, where students stepped into the shoes of their teachers, and I had the privilege of observing this remarkable event.

My journey began in the vibrant classroom of 10-D, where I was about to witness a Mathematics class led by the student-teacher, Pratheeka Babuji, a senior from the twelfth standard. The atmosphere was filled with enthusiasm as a chorus of young voices eagerly welcomed me in the captivating activities orchestrated by their teacher for the day. The students participated in a word game that challenged them to unscramble mathematical terms. The atmosphere was electric, with nearly every hand raised, yearning to contribute to the activity. It was a scene that depicted the spirit of learning. Regrettably, I had to bid adieu to this playful classroom, knowing that more incredible experiences awaited.

My next stop was the inviting class of 10-A. Here, a Geography class was in progress, conducted by another student-teacher, Hemavarshini S. of class 12. The room seeped with enthusiasm as students eagerly participated in a game of 'hot seat,' where they guessed various geographical terms related mineral-based industries. What impressed me most was the rapidity with which these young minds discovered the terms, displaying their peer's amazing guidance toward guessing the word. The feedback from the students was overwhelmingly positive, with many expressing their satisfaction with the interactive and engaging nature of the class.

My final destination was 10-B, an adjacent classroom where a Physics class was taking place, led by Linu Shaswath S. of class 12. The topic du jour was sound and vibrations, and it didn't take long for a rapport to form between the teacher and his students. The student-teacher put forth multiple questions, and the students, in turn, embraced the challenge, responding with apt answers. It was a nod to the strong bond that education can foster between teachers and their pupils.

In a world that sometimes does not seem to prioritize important values, the celebration of Teacher's Day at our school serves as a reminder of the importance of gratitude and respect for those who illuminate our paths with knowledge. These student-teachers portrayed their potential in the field of teaching. As we ponder upon this exceptional day, we must remind ourselves that gratitude towards life's many mentors should never become obsolete.

Gautam Parthiban XI-B
Former Newsletter Field Reporter



Teachers' Day Swag : Roles Swap

Teachers' day was around the corner. To celebrate the 40th successful year of Jeevana, the Principal Ms. Padmavathi V. proposed a unique idea to celebrate Teachers' day, in which the twelfth graders were to be donned in Teachers' caps.

"It required a lot of preparation. Despite having a lot of pressure, I was very excited to teach my juniors, which aroused a tiny flicker of pride. I spent most of my time preparing lame jokes to create a cheerful atmosphere for the students to interact. The thought of wearing a new dress made me excited."

— **Sivadev Pandian XII-C**

"I gave my lesson plan and notes to Uma ma'am on Friday to get her approval. Unfortunately, she was absent on Monday, meanwhile our Headmaster Mr. A.K. Srinivasan was asking all the students to submit their lesson plan. I tried to contact her with the help of her colleagues, but she didn't pick the call. So, at the last moment, I was told to write the lesson plan again. Luckily, I found my notes on her desk after a long search."

— **Akshaya XII-C**

"I never imagined I would wear a saree. So, my first priority was my outfit. I was given the role of Subha ma'am, so I need not teach anything. I prepared some activities and struggled to find the lessons in it. There was a lot of confusion in the lesson plan. But my only objective was to have 'FUN'. I was pretty excited to have the elaichi tea."

— **Afifa XII-D**

"I was given the role of Ajitha mam. I learnt the lesson, course book and workbook, prepared some activities such as Pictionary and dumb charades."

— **Kanishk XII-C**

"I had to understand the syllabus. I realized that 9th have Julius Ceaser, 10th have MOV, and 11th have Macbeth. I don't like Shakespeare, so I decided not to teach and to let them struggle on their own. To improve their writing standards, I decided to teach some tips to write a story without any flops and how to keep the readers immersed in their story."

— **Khavin Nagarajan XII-C**

"First of all, I don't want to teach them because, then I need to learn. We had Tempest, whereas 11th have Macbeth. So I decided to conduct some activities related to writing skills to make the students more interactive, so that it won't be boring. Tenth standard have Merchant of Venice, but I hate Antonio and Bassanio, so I didn't teach them as well. I planned to conduct an activity named 'READ, SOLVE and CREATE MURDER MYSTERIES'. The main objective of this activity is to improve their vocabulary."

— **Shri Kamatchi XII-A**

"My first concern was my attire. I was pretty excited to wear saree and I was thinking whether to wear heels or shoes to match with it. I was given the role of Prasadh sir, so I had to take English for standard 6 and 7. I was quite comfortable with that because I had taken demo class for them last year and I wanted students who would actually listen to me. I didn't want to teach them, so I prepared some activities such as ship wreck, which would enhance their oral skills."

— **Shea Santhoshi XII-D**

"I was assigned the role of Devakirubai ma'am. I was told to teach 'collision'. I knew all the derivations well, so I was quite comfortable with that. Taking classes for 11th standard students was a bit scary, but I hoped to have a good interaction with the students."

— **Sujai Raj XII-C**

"CRAZY", you might say. But, that's the truth. I didn't prepare anything. I wrote the lesson plan just because AK Sir forced me to. I thought I could be impulsive, so I'd rather feel it in a real and unplanned manner. But, it was all just laziness."

— **Vedha XII-A**

Student-Teachers were 'Interviewed' by : **Rajapadmasri XI-B**
Newsletter Reporter



Reflections inverse

F.R.I.E.N.D.S

I don't have any friends.
 I'd never tell myself that,
 I have always liked being alone, yet.
 I know
 I was never capable of maintaining any.
 Even if
 Some friendships are meant to be-forever,
 It's all just a say that it'll last long.
 And I would be wrong to say that
 Someone would care
 If I tried to destroy myself/pull
 myself down;
 Because
 I was ignored all the way.
 I wouldn't/can't agree that
 Good friends can be made
 but only if I was social enough.
 I wasn't any good.
 I'm sure you can agree that
 the reality
 made up
 my destiny,
 I will always be alone.
 And you'll never in million years
 hear me say that
 "I have the best friends"...

(NOW READ FROM BOTTOM TO TOP)

Roshni A.

XII-B



Glory days

I trotted in, as a toddler
 Jumping with bubbling energy
 Waking up, only to go to "Jeevana".
 It embraced me with its golden hands
 A foster home, I would call it.
 Confronting me with endless adventure
 and joy

I hopped in, as a kid
 Still with boundless happiness and enthusiasm.
 Waking up, only to go to "Jeevana"
 The name board, lit my face aglow
 Graceful mornings, interesting classes
 to wracking sports period
 The school became the abode of LOVE

I walked in, as a teen
 Still with exuberance and ebullience
 Waking up, only to go to "Jeevana"
 A sense of belonging it provided
 With ample opportunities and knowledge
 Sharpening and chiseling oneself as "AMIABLE"

All of those feelings distilled,
 stung with nostalgia
 Now I am, in retrospection glorifying
 those bygone, irreversible days
 Which sculpted and groomed me
 As an undaunted and ingenious being.

M. Manasvini

Alumnus

Special Reports on “Timeless Tales: Celebrating 40 Years” :
The Grand Annual Day ‘ 23

TIMELESS TALES PART 1

The day people had been waiting for, the day when people were in an exuberant and festive mood had finally arrived- Jeevana’s 40th year’s Mega Annual Day. Their anticipation was quickly quelled by Afifa S., Shivdev Pandian T., Kanishk S. and Sheasanthoshi S., who were the comperes of the evening. The special evening began with the choir girls singing divine sounding prayers and a soulful rendition of the song by *Maha Kavi Baratiyar,* “*Manathil Uruthi Vaendum.*” After they made a graceful exit, our Principal, Ms. Padmavathi V. welcomed everyone gracefully through her eloquent speech.

A ‘Timeless Tales’ commemorative video compiling montages of Jeevanas’ forty glorious years through the voices of people associated with the school was released.

A ‘Timeless Tales’ souvenir encompassing forty years of Jeevana histriy was released to mark this red (ruby) letter day. The ‘timeless’ photographs from the ‘archives’ made one wistful to start this amazing journey all over again.

The man of the day, our Chairman, Mr. M.S. Iyengar himself lit the lamp onstage, commencing the beautiful evening. The Chief Guest of the day, Mr. Hari Thiagarajan K., an alumnus of Jeevana, gave a silver-tongued speech, recounting his fond memories of Jeevana. He rightfully called Iyengar Sir as “The ***Bheeshmacharya of School Education.***” and praised him for the pioneer he was.

Iyengar Sir’s granddaughters, Archana Ramesh and Aishwarya Ramesh had an informal and light-hearted chat with him, asking him about his insights, inspirations, the struggles he faced and more. Sir, in return, detailed the visions he had, the setbacks he faced and the way his friend, Mr. Venkatram Iyer, helped him. Sir recounted how Ms. Nirmala Visveswaran became a spine for the school and the way the school and he triumphed at the end. It was truly inspirational to hear that, and his exemplary answers made us realize how much of a visionary he was.

It was followed by Dr. Ramesh’s address. On his prompt, everyone present gave Mr. M.S. Iyengar and Mrs. Lakshmi Iyengar a standing ovation for their priceless visions and contribution. Sir made everyone realize the huge role played by Mrs. Lakshmi Iyengar in the creation and development of our school and talked about the unique goals he had for Jeevana.

Aruna K. XI-A
Newsletter Field Reporter



TIMELESS TALES PART 2

After extending our warm felicitations to our beloved Chairman, guests of the day and going through a roller coaster of emotions, witnessing 40 years of the most awaited programmes was about to begin!!!

The air was filled with expectation and excitement, an erupting energy that expressed how excited the audience was to see the upcoming acts.

Bharatanatyam: Our class 7, 8 and 9 students really did bring this art form to life, making sure, that every move brought a story to tell. The stage was filled with grace, divine power and energy that left everyone in awe. Their coordination was the cherry on the cake. As they exit the stage, they left the audience speechless with their elegant performance.

Next up, was the Umbrella dance by girls of classes 7 and 8. It is a fusion of movement and music that tells a story through the delicate artistry of twirling umbrellas. The choice of songs, the students' dance movements brought full energy to the stage and lit the same on fire. They ended the dance performance with a lovely formation of the word "INDIA" using their umbrellas. Karate is a martial art that originated in Okinawa, Japan. What more happiness and pride can it bring when our very own students could perform such a wonderful art! They performed their basic techniques, traditional katas and their tournament point karate. Their karate performance was an enthralling demonstration of their youthful vitality, self control, and proficiency.

Next, it was Silambam! Our students did a spectacular job in bringing out the grace of this art form. The best part was when we could clearly see every single minute detail of their movements against the dark backdrop of an orange sky, which formed their silhouette. The students performed various techniques including dodging attacks, evasive, manoeuvres like sitting or kneeling, moving out, jumping high, rotating parrying, blocking, enduring, pounding, attacking and blocking at the same time. Overall, it was an enthralling performance that amazed the crowd with how flawless it was!

Up next was, Yoga! Our students really did portray the true meaning and objective of yoga which is achieving a harmonious union of the mind, body, and spirit. Starting off, they performed the "Surya Namaskar" also known as sun salutation. Followed by various other asanas like padahasthasana, Setu bandhasana, Bhujangasana, Garudasana, Navasana, Natarajasana, Sarvangasana and so on which improves body balance, flexibility, focus and relieve stress. The audience were awestruck by their balance, control and flexibility. This proves that yoga is all about holistic wellness, where practice and consistency are keys. After all the calming down, it was time to bounce back into the energy mode!

Next, it was time to set the stage on fire with various dance forms. The ageless brilliance of South Indian dance enthralls viewers and upholds the region's cultural identity. Our students really did do justice to this art form. Girls of class 9 performed *Rajasthani*, *kavadiyattam* and *oyilattam* while boys of classes 7 and 8 performed *poikkal kuthirai* and *mayilattam*. On the whole, it was a glorious performance radiating joy and energy into the atmosphere!

Last but not the least, Torch light dance! It was a mesmerizing light show by our students. The patterns, the colours, and, overall, the dance was all simply amazing. That was indeed an electrifying performance that filled the evening with joyful lights and splendour! The best part was when they formed the words "JEEVANA: STRIVE TO EXCEL" using their lights, making the show wholesome and wrapping it up with an everlasting mark in our hearts.

The Grand Annual Day came to a close after the Head Girl, Shea Santhoshi S. extended the Vote of Thanks followed by the national anthem showing patriotism and loyalty to our country. The “Timeless Tales: Celebrating 40 Years,” is a remarkable show that will be engraved in each and everyone’s heart until the end of time. What a splendid show of three hours, consisting of a roller coaster of emotions! As all good things must come to an end, this Event came to an end with a bittersweet sensation ,with hearts filled with immense joy and happiness, looking forward to fruitful years ahead!

Jessica Cecilia D. XI-D
Newsletter Field Reporter



Through The Lenscape (Grades 3 and 4)



Sports Day



Book Lovers Program (Grade 4)



Independence Day Indoor Event



Distribution of Intra School Competition Prizes by
 Ms. Rohini, Educational Consultant



No Bag Day



Story Telling Session With
 Ms. Preethi (Turning Point)



Educational Trip To Keeladi (Grade 4)

List of Winners for the Regional Team Event [Table Tennis]

The victorious team in the Under-14 boys' category consists of Sai Sarvesh SM from 7E, Mithun Aadharsh SM from 8A, Nimal Srinivas S from 6B, Tejaswin S also from 6B, and Abhijay Umesh S hailing from 7A.

Champions of the Under-19 Team:

Jhoghindhra R of Grade 10 E, Ashwin S and Maxwell VJ of Grade 10 B, Sadagopan S and Raakesh M of Grade 12A.

The victorious team in the Under-17 girls category comprises Abhipsha S, an athlete hailing from 9A, Deshna Rajalakshmi N of 9C, Shridhanya M representing 9E and Sri Vaishanvi M who competently represented 7C.

The victorious team in the under-19 girls' category comprised Varsha J of Grade 10 D, Vijayanthi V of Grade 11C, Trinity K of Grade 12A, and Keerthikaa N of Grade 12 D.

REGIONAL INDIVIDUAL TOURNAMENT

Singles event for boys under 14 -

S M Sai Sarvesh of class 7E achieved the position of runner-up.

Ashwin S from 10B was the runner-up in the Under 19 Boys Singles.

Maya Ashwath OF 8 A placed as the runner-up in the Under 14 Girls Singles category.

Abhipsha S of 9 A secured the runner-up position in the Under 17 Girls Singles tournament.

Varsha J, 10 D , emerged victorious in the Under 19 Girls Singles competition.

The Under 17 Girls Team has emerged victorious with a Bronze medal at the ongoing CISCE Nationals. Our esteemed school is proud to have two of its students, Deshna Rajalakshmi N and Abhipsha S, as valuable members of this triumphant team.

RANGOLI PRESENTATION ON REPUBLIC DAY

On Republic Day, School was adorned with patriotic fervor where one particular event stood out – a captivating rangoli presentation by students of classes 6 to 8 and Teachers. The rangoli designs were a perfect blend of traditional artistry and patriotic symbolism. The rangoli presentation had a positive impact on the overall school atmosphere. The Event not only showcased creativity but also contributed significantly to the celebration of our nation's Republic Day within the school community.

Traditional pongal, to express gratitude to Mother earth and the elements of Nature, was also prepared on the premises, served with, the perennial favorite snack of all time, vadais, and relished by all present there.



Ms Thirumamagal Nachiar
Faculty member

REPUBLIC DAY : Future leaders in the garb of past leaders [Junior Section]

The presentation by Class 3 and 4 Children was terrific . The idea of our children playing the roles of our National leaders: Mahatma Gandhiji, Ambedkar Saheb, Sardar Patel and Pt. Nehru was absolutely commendable. 🙌

The show presenters did a great job.

There were many 'goosebumps ' moments while watching our children play the roles of our great leaders.

Our children in the attires of our national leaders reading out the preamble , introducing the constitution ,the legislation was indeed like a mini parliament .

I am truly amazed how the event was conceptualized, planned and executed in a short span of time(within a day).



Science Expo [Grades 3 and 4]



As I stepped into the expo hall, the air was abuzz with excitement. Students eagerly presented their projects, their eyes gleaming with pride and passion. From robotics to eco-friendly innovations, it was a true celebration of creativity and ingenuity, inspired by the endless possibilities of scientific exploration.

Students weren't just showcasing their projects, they were passionate about their ideas, eagerly sharing their knowledge with visitors. It was clear that they had poured their hearts and souls into their work, and seeing their dedication was incredibly inspiring.

Students of 4 and 5 went above and beyond by providing a platform for students to showcase their innovative projects and organizing games and magic shows to further engage and entertain the visitors. By combining elements of fun and entertainment, the Expo created a vibrant environment where students could showcase not only their academic skills but also their unique talents. Handwritten letters and bookmarks were a thoughtful token of love.

The dedication and hard work of the teachers made the event an absolute success. Kudos to the team for providing a platform for students to explore their ideas and showcase their innovative projects. In a nutshell, the expo was an outstanding display of talents, ideas, and innovations.

Ms Rakshana
Faculty member

Budding thespians

For this special BLP activity, Grade 4 students were asked to group themselves, select any one story and were given 3 weeks (90 mins) to practise to enact the story for us. They agreed happily for this activity.



Every week, they would change their roles, dialogues and even team members. The biggest problem faced by me was to see that no one was left unattended. I used to sit and watch them fighting, arguing, bossing, helping, cooperating and executing the plan.

ON THE D-DAY:

A special arrangement was made on all the days for them to perform in front of the Heads, teachers and their friends(just to make them feel very special as it is their programme)

A few teams from all the sections of Std IV enacted the stories from the book they read and it was amazing to watch them carrying themselves with a lot of confidence. Each one was different from the others. They created their own dialogues which were not memorised. They spoke fluently and got thunderous applause.

LEARNING OUTCOMES:

Teamwork, confidence, leadership, reading, acting and storytelling.

The most admired and catchy props used during the play were the next surprise for me. Props were made with a lot of detail and used appropriately. Thanks to Dr & Dr(Mrs) Ramesh Sundaram, Principal, VP and the HOD of English who spent their time with the little ones. They listened, enjoyed and encouraged them which made the children fly high.

As a teacher, I did not correct anything as I wanted them to be original. When many children thanked me for this wonderful time, I was already like “ What’s next ?”

R Renuga

Headmistress [Grades 3 and 4]

Field trip to Aviary Park

On a bright and sunny day, a group of energetic 9-year-old children embarked on a thrilling adventure at Aviary Park.



Nestled in the heart of nature, the park promised a unique experience, blending education with the joy of exploration.

Arrival and First Impressions:

Excitement filled the air as children entered Aviary Park, greeted by the soothing sounds of chirping birds. The vibrant colors of exotic feathers and the lush greenery immediately captivated their attention, setting the stage for a day full of wonder.

Interactive Learning Stations:

The park's owner Mr.Arjun gave a pep talk to the children on Exotic birds. Well-designed learning stations engaged the children in various activities. From feeding friendly parrots and animals to observe the intricate nests of different species of cats, goats and pigeons each station provided an opportunity for hands-on learning



As the day at Aviary Park came to an end, the children left with a sense of awe and appreciation for the avian world. The experience not only enriched their understanding of exotic birds and animals but also instilled a deeper connection to nature.

Aviary Park successfully blended education, entertainment, and exploration, leaving a lasting impact on the young minds who revealed the beauty of our winged companions. After returning to school, they shared their experience with the Principal with excitement.

R Renuga

Headmistress [Grades 3 and 4]

Annual Day Word-Painted by Faculty Members





PRAYER

Being part of the STD IV Annual Day was a fantastic experience. The Chandrayan-themed mime was awesome, and both the Western and Indo-western dances were outstanding with their attires. The English and Tamil skits were well-performed, and the action song was a big hit. I thoroughly enjoyed the Annual Day.

- Ms. Hema S Kumar

ACTION SONGS - NIGHTINGALE

The entire experience was overwhelming, and every program was well-executed. As an entry-level teacher, I felt motivated and gained ideas for future events. It was a fantastic time.

- Ms. Pearlin Gracia

ENGLISH SKIT - CHARLIE & CHOCOLATE FACTORY

I thank God for the opportunity to fulfill Renuga Ma'am's dream skit, 'Charlie and the Chocolate Factory.' Adapting the play script was a great challenge, but incorporating a lesson from the Gulmohar Course book was an awesome idea.

- Ms. Deepa Wesly

MIME-TRIBUTE TO INDIAN SCIENTISTS

December 6th, 2023, is a memorable day. All events were well-organized, and the teamwork was fantastic. The appreciations from teammates motivated me for more in the future.

- Ms. Keerthana

WESTERN DANCE BEAT BREAKERS

It was a blast! Connecting, celebrating, and making unforgettable memories. Can't wait to do it again next year!

- Ms. Rakshana

TAMIL SKIT - VEERAMANGAI VELUNACHIYAAR

Doing a Tamil skit for STD IV Annual Day was a challenge. Training the children to act with boldness in Tamil was tough initially, but the performance was a hit.

- Ms. Sarah

INDO WESTERN DANCE - MAGIC FEE

Searching for umbrellas at the best price and fixing LED lights onto them was the biggest challenge. I wouldn't have done this without my family members, who patiently fixed all the lights until 2 am. It's worth it. I enjoyed it

- Ms. Gayathri

ENGLISH SKIT - KEY TO HAPPINESS

I had to craft a safari truck, so my living room brimmed with art supplies. My family pitched in on a Sunday, a quality time spent. My Headmistress's advice on frugality echoed as I sourced materials for a cost-effective truck. I also made cute animal ears with headbands. The kids, dressed as animals, stole the show, earning praise from the principal and lifting my spirits.

- Ms. Deepika Govindaraj

CLASSICAL DANCE - RAGA RHYTHMS

STD 4 Annual Day was a great experience. Apart from dance choreography and rehearsal, spending more time with my children was incredible in creating memorable days forever.

- Ms. Keerthi

PERFORMER TO MENTOR

The Annual Day for Class 4 was spectacular. The students performed wonderfully, and it was exciting to watch them dance with grace. It brought back memories of my own performances as a child. And yes I am a proud alumna of Jeevana. Once a Jeevanite, forever a Jeevanite.

- Ms. Dhivya

BGM

Curating and playing music during the Annual Day enhanced the event's atmosphere and contributed to its success. It was a delightful auditory experience for the audience.

- Ms. Bapitha

TEACHER NARRATOR

The STD IV Annual Day was fantabulous. Supporting Ms. Deepa during the Charlie and Chocolate Factory skit, I unexpectedly became the narrator. Grateful for the opportunity given by our Headmistress and Ms. Deepa.

- Ms. Vijayalakshmi Mayan

Wow!!! What An Annual Day!!!

As a parent, when I saw the agenda I assumed that the program was going to be lengthy, but to my surprise, I did not know how time went. It was a visual treat. The students' expression in both English and Tamil were amazing. The compering teams had the best pronunciations, were confident and the subtle humour and a spontaneous commentary added flavour to the show.

The opening scene of the orchestra centred with veena looked like goddess Saraswathi blessing us all. There were students playing keyboard, guitar, violin and drums. Wow!!!

Elements of nature dance made us introspect whether we respect our mother nature. Both Tamil and English plays were interesting and imaginative. The props made for the plays, the dresses, the LED effects were perfect and were in perfect sync. The fluency of the little boys in Tamil and their expressive performance was mind-blowing. There was a take on the present political condition through the play Akbar and Birbal.

It looked like a concert night, we had a variety of dances, classical, western and folk, skits, tableau, mime, dance drama, orchestra and what not.... The show was truly spectacular.

I could observe the hard work right from the beginning in such a short span. Congratulations to the Headmistress and all the teachers who trained the students. From start to finish it was really a non- stop entertainment with values and morals embedded.

Chandra Leela. V
Faculty member

Annual Day Extravaganza [Classes 7 And 8]



It all began on the 12th of January at 5:30 PM. A huge audience was waiting for the Annual Day to begin. It started, as usual, with prayer.

The first event to heat up that crowd was 'Symphonic Ensemble - Orchestra', which was headed by Ms. Kurshith. The students of standard seven were truly talented. Their music was melodious. They seemed quite professional.

The next event was a dance, called 'Elemental Fusion Fiesta', by the girls of standard seven, it was headed by Ms. Meenakshi R. The group was split into smaller groups which represented the five elements

of nature. It was a conceptual dance. The usage of Michael Jackson's song was perfect. The sparkling dresses that the girls wore also stole the spotlight.

Then, a Tamil Play called 'Arivu Kalai Koothu' was performed by the students of standard eight. The historic drama was well enacted by the students. The students worked under Ms. Beulah. The students were able to deliver their dialogues clearly and with emotions.

Then, it was a mime act known as 'Be The Change'. Ms. Shyamala was in charge of the show. The act was very informative. Its message was 'If you want to see a change, then be the change.' Quite powerful.

Next up was an English play, 'Journey with Sinbad' by the students of standard seven. It was under Ms. Celin Jennifer's care. The costumes were fantastic! It seemed very real. The students were able to manage the stage wonderfully.

The next event was 'Tamil Tech Tales' by the students of standard seven. Mr. Arumuga Pandi was in charge of this Tamil skit which was a blend of the past and present. Making Akhbar, Birbal and company tech people was an amazing idea.

The ninth event was an elegant dance drama, 'Ripples of Despair', under Ms. Eswari. The girls of standard eight performed marvelously! The theme of the dance drama was to save water and to keep waters clean.

The next event was 'Dramatic Spectacle – Tableau' by the students of standard seven under Ms. Bhavani. It was based on a Greek scene. The students did a wonderful job enacting the scene.

Then a boys dance called 'Gizmos in Groove'. Ms. Dhivya Bharathi and Ms. Kalaivani were in charge of this event. The boys were in great sync. They seemed to enjoy the music while dancing, which was fun to watch.

Then, they performed an English skit called 'Treasure Hunt Triumph'. Performed by the students of standard eight under the charge of Ms. Alamelu Priya. Their acting was fantastic, the direction was well thought. The costumes, the setting and the props seemed real. It was as if the audience was watching the actual situation.

The next event was 'Western Whirls' by the boys of standard eight. Ms. Juliet was in charge of this dance. The choreography was fantastic. The boys did a great job up on the stage. The boys seemed to be having a blast.

The fourteenth event was a dance by the girls of standard eight called 'Festival Jigs'. It was headed by Ms. Dhivya and Ms. Rojarani. All the major festivals celebrated across India were included. The songs were perfect for each festival, and so were the costumes. The girls were doing a wonderful job of keeping us on our toes. It was fun trying to guess which festival they were dancing for and which would come next.

Next up was 'Folkloric Flourish'. A folk dance by the boys of standard eight under Ms. Juliet. Most of Tamil Nadu's folk dances were included. The boys showed a lot of passion and enthusiasm while dancing and that got the audience excited. It seemed like they were having the time of their lives with the songs and those costumes.

The next showstopper was 'Unexpected Mashup – Semi Classical Dance' by the standard seven girls under Ms. Kirubaharini. Bharatanatyam but the song they performed with, was a popular Kpop song, which was unexpected yet enjoyable. The choreography was well done.

Finally, they brought out the last bosses to dominate the stage. 'Classical Dance' by the girls of standard eight. Ms. Keerthi was the in charge. The choreography was beautifully planned out. The girls also understood how to bring out the dance. The girls were in perfect sync throughout the dance and they seemed really flexible as well. Their expressions were accurate and their costumes were beautiful.

In the end the main head, Ms. Premalalitha was really ecstatic about how the whole show went. She mentioned that all of the Heads and the Chairman, Mr. Ramesh appreciated her hard work. Ms. Premalalitha seemed ready to plan for another annual day.

Since they did not have much time to practice, their road to success had become difficult. But with the cooperation of the students and the teachers, Ms. Premalalitha was able to handle everything.

The sub staff's tireless efforts to support and help the teachers and students can not go unthanked.

After all this wonderful annual day was the result of everyone's hard work and commitment.

Arunima Anantalakshmi 12 B
Newsletter field Reporter

A lit night

The roaring fire in the middle was overshadowed only by the rip-roaring recitations by students of class 8. Campfire/ Poetry night hosted on Jeevana grounds on 9th February between 6 p.m. and 7 p.m. provided a platform to all those who wanted to either read out their original poems or recite works of others.





Some of the English Teachers, Ms Aruna Manikandan , Ms Alamelu Priya and Ms Celin Jennifer read out their original poetic compositions. Like any piece of poetry, it brought out the challenges they had overcome and the joy of immersing oneself in the love of the language.

A few Sections presented group recitations in a creative manner. Some of the aspiring ballers decided to play footloose by hitting a verse as well as a football. The night rounded off with a few minutes of antaskshri.



The efforts taken by the Principal and the collective efforts of the English department under the leadership of the Headmistress, Ms Premalalitha, made this an evening to remember, spurring many hearts to explore the desire to find artistic expression of their thoughts and feelings in this process.

It will, hopefully, be one of many such initiatives taken at Jeevana.

Ms K.S. Lakshmi

HOD, Department of English

Bamboo-Zled by Arola Boys Town Field Trip



It's 8:55 a.m., 9th April, '24, we were all electrified to go to this unknown place named Boys Town. We just knew that we were going to a bamboo factory called "Arola". We sat on the bus, connected the Bluetooth, played favorite songs and enjoyed the intriguing view.

Since Nagamalai Pudukkottai was not too far, we reached there singing and laughing. We were warmly welcomed by Mr Sudhakaran. He first introduced the basic uses of Bamboo by

asking us a few questions. Then he showed us the mind blowing products made out of bamboo. We were amazed by it and were eager to know how it was made. Eventually, Sudhakaran Sir showed us the machines and processes involved to make those fascinating products, The fragrant of the bamboo took us by surprise. Since bamboo contains glucose, the aroma was quite similar to that of a sugar cane. To be honest, it was my first time visiting a forest. After seeing the mechanical section, we were wondering if we could see the ancient Pulluthu. We walked inside the forest clicked a bunch of photos and reached the secret spot where water flows 24 by 7. We were welcomed by a dozen monkeys. We managed to wash our face and drink the natural water flowing through an ancient rock structure.

We visited the few community houses, where people were very kind and welcoming. It was good to know that Sudhakaran Sir and the people of Boise town provide opportunities to the villages to earn their livelihood and improve the mobile areas. Thirty dropout students are given opportunity by Sudhakaran Sir to learn a new art/skill.



We went back to the factory and took a break. Sudhakaran Sir told us to think of any model that can be made out of these natural raw materials. We were then provided with all the materials required. Sudhagaran Sir and his team constantly helped us with the things which we were preparing. It was my first time using a drilling machine it was scary at 1st but then I gained confidence and was able to use it properly as instructed by Sir. We all used our creativity and

made beautiful toys. I made a dream catcher. The other toys were rocket, birds nest, dancing girl, photo frame, speaker, etc. Did you ever think that such things could be from bamboo! We exhibited our models and then we had our lunch. Two baskets of pasta, varieties of rice and side dishes of chapatti.

There's a quote which states "A family that eats together, stays together". It was such a moment of my family, "12D"!! It was time to pack our memories and go back to the school. We all stood there with a huge smile on our face. I was told to share my experience in front of everyone. I ran out of words to describe such a splendid experience. Jessica gave the vote of thanks and we gave a gift to Sudhagar Sir to show our gratitude towards him. We thanked him for his great efforts to clear all our doubts, show us the power of creativity and share his life journey with us. We received a bamboo toothbrush as a goodbye gift and he notified us about his future plans which were truly amazing.



Finally, all of us sat in the bus with a precious object in our hands. Waving our hands out of the window and with a big smile on our faces, the only word that all of us thought, after we reached the school, was "Restart".

Komal Jirawala 12D

Farewell 2K24

It all began on the evening on the 25th of March 2024. 'It' as in the farewell for the students of grade 12. The students of grade 11 had planned everything from start to finish under the headship of Mr AK Srinivasan.. Aghilesh and Ammetesh guided the wonderful audience through the show. Aruna gracefully welcomed everyone.

The first event to get everyone excited was our very own music band. It consisted of Chioma, Gloria, Ivan, Kevin, Jeevan, Oswin and Gautam.

They performed popular songs like 'something just like this', 'demons', 'somewhere only we know', 'lovely' and 'night changes'. The combination of their instruments and voices was heavenly. They had the power to move people to tears. The coherence was impeccable and the band sounded professional. They received an amazing response from the audience.

Then time came for some groove game it was cigarettes for tanks. It had Parkave, Kanaga, Mahavaishnavi, Rajapadmasri, Samritha, Ezhil Malar, Mahalakshmi and Yuktha. The choreography and coordination was fantastic. The audience enjoyed the show a lot.

The next one was girls' semi-classical dance. It consisted of Vaidava Rohini and Madhu Raksha. They captured the audience's attention with their graceful and elegant dance moves. The third one was girl dance - mix. It had Madhumita, Yazhini, Yashtika, Bavadarani, Sahana S, Sahana Suresh and Niranjana. The dance was a mix of many types of dances performed very energetically.

After all three kinds of dances, time came for a half-English half-Tamil skit. The Skit was directed and written by Prarthana, Lakshana and Joanna. The other actors were Sona, Srivarsha, Vijay, Jayavenkat, Sri Harish, Uban, Rajapadmasri, Ashwin, Vignesh G K and P Vignesh. It was a blend of Harry Potter and popular Tamil characters. The skit received a great response.

Then came the Game show hosted by Vishnusree and Komal Jirawala. It was a fun and interactive show. They hosted a rapid fire round with three questions for seven people each. Then, 'Grab the spot' for nine people, was super exciting. The audience really enjoyed this show.

Another skit was set into motion after end of the Game Show. This skit was directed and written by Shiv, Hareesh and Mithun. The rest of the actors were Ojas, Joel, Sundaram, Pranav, Nikita, Yami, Kaja, Swathi, Fareeha, Anu Samyuktha, Sri Hari and Sajan. Their concept was mind-blowing. With a simple idea, they elaborated and enacted it really well. They received an amazing response from the crowd. It was well deserving. The way they depicted the whole play like a flashback was completely unexpected. Finally, the boys' dance blew the audience away with their crazy dance moves. It consisted of Yuvan Dev, Nishanth, Athi, Sri Harish, Sanjay, Guruprakash, Vishwa, Nawfal, Hrithik, Harsavardhan and Nikhil. The choreography was mind blowing. They were in sync with each other. The crowd went wild.

Then Jessica thanked everyone for spending their valuable time.

The beautiful backdrop was prepared by Thivya, Vanathi and Pavithra.

The whole show was successful and it ended well. The students of Grade 12 were served with snack and were given presents, which made them very happy. They seemed proud to belong to this school and sad to leave so soon. The teachers and the students shared a moment of happiness and sadness together.



Arunima Anant Achary XI-B
Newsletter Field Reporter

Shades of Art)



Yazhini Vivek VIII-D



Pranikaa S. XII-A



Anupriya K. VIII-D



Madhu Raksha S. XI-C



Shailesh S.M. VIII-A



Pavethiraa P. IX-E

Timeless Tales: 40 Years of Glory



Timeless Tales: 40 Years of Glory

