



JEEVANA NEWS LETTER

25
YEARS
(1984-2009)

2017-2018

For Private Circulation Only

FROM THE CHAIRMAN'S DESK

These days, many parents inform the class teachers or the Heads that their children do not pay attention to parental advice and so the teachers in the school should help in this regard. We assure such parents, that the school will do everything possible to assist them.

However, I want to know if parents have thought of the reasons for this situation. There are many reasons and I am not going to list all of them but will mention one or two. As a parent you must ask yourself whether you are authoritative and want your child to follow whatever you say without any questions. I do not think any child today accepts this situation. In the school he finds that the teachers allow him to ask questions and he gets confused about the difference in treatment between the school and home. Secondly, it has come to our notice that some parents beat their children whenever there is some complaint or the other, without waiting to find the reasons. In the school the child knows there is no corporal punishment. Hence, in such situations, the child thinks that the parent is unreasonable and so becomes rebellious. Also, today many parents are very busy and they hardly spend time with their children. It is essential for parents to spend time with children and allow them to talk freely about their problems. If this happens I am confident children will respond to parents.

Hopefully, next year, we will arrange to have more parent - teacher meetings to help parents.

- M.S. IYENGAR

INVESTITURE CEREMONY

The Investiture ceremony is held every year to mark one of the most significant events in a Grade 12 student's academic life. The last step on top of the ladder of schooling is where students pause to take stock of their school life , the journey ahead and their own internal growth. It is when boys and girls realize that they are almost at the threshold of adulthood where they need to let go of the strings holding them back to their carefree childhood and grasp the reins of their lives in the real world.

This year the ceremony under the aegis of our beloved Chairman, was hosted on 21st June, 2017. As prayer song reverberated through the auditorium , Head Boy, Head Girl, Vice-Head Boy , Vice-Head Girl and Prefects were poised to be administered the School Pledge. 'We promise to discharge our duties honestly and impartially, lead in the right way and uphold the honour and dignity of this, our school.' These solemn words of the pledge seemed to unravel the fact that with power comes responsibility and that the path ahead was going to be both challenging and rewarding.

Badges were pinned on to the lapels of students by the Chairman, the Advisor, the Principal, the Heads and the HODs as thunderous applause brought the roof down. This occasion also marked the achievements of outgoing students of classes 10 and 12 of the previous academic year who had brought laurels to Jeevana. Teachers, Mr.Ganesan [HM], Mr.Mariappan [HM], Mr.Muthu Subramanium, and Ms.Subhashree, who were instrumental in creating centum achievers in the Boards, were also honoured.

- Ms. K. LAKSHMI

INTRA SCHOOL COMPETITIONS- A THANKSGIVING TO MAKE A DIFFERENCE

In an increasingly uncertain school calendar, only two things are certain- Exams andwell Intra School competitions. Students, not surprisingly look forward to the latter. Apart from the weekly Talent Time, these competitions give Jeevanites a platform to exhibit theirs various talents. And for class 12 students, it is not only an opportunity to develop their organizational skills but also a chance to give back to the school.

And thus, in the month of July started The Competitions with Kinder Gardeners to class 11 students throwing their talent hats into the crucible. A hectic ten day schedule of events in dance, music, poetry, art, essay writing etc., saw wide-scale participation. As the events unfolded, student enthusiasm was at its Zenith throughout. The only dampener to the multi talented students was the rider that a student could participate only in one or two events. While rhymes and colouring dominated the primary sections, class 3 got wild with footloose. Whereas class 4 got dreamy with Poetry writing, class 5 got creative with Greeting Card making. Shakespeare himself would have plucked his beard in envy at the mono acting skills of class 6 students.

Pot painting and Art from Waste were two other events that demanded artistic skills of our students and the students were equal to the task on both fronts. Photography is a specialized art in itself and the participants from class 10 proved that it was no child's play. The young paparazzis scoured the length and breadth of the school looking for interesting subjects to immortalize through their lenses. Class 9 decided to flaunt their poster making skills and class 8 was found testing their flair for giving dashing speeches on the stage.

In school life, many a student has found himself in a jam. So, Ship Wreck was an event that was like a piece of cake for class 10 students, who, through their frequent visits to their Headmaster's cabin had simple honed their 'creative speaking skills' to an art form. Those of the class 11 students who thought Dumb Charades was too dumb for their inventive and innovative selves, decided to design some whacky Certificates. And of course the winning design was actually used as the template for the certificates for the prize winners.

The event on the whole was a win win situation for all and sundry. The Prize winners were delighted, the participants happy at having tried their best, class 12 students thrilled to conduct the whole affair smoothly with minimum interference of teachers and the teachers happy to judge the events and simply wonder at the depth of talent.

Today, even as class 12 write their final exams, they can look back with pride and satisfaction on the small achievements that they have left etched on the sands of Jeevana. The mantle now passes on to their juniors, who are eager, keen, willing and have the urge to reach their full potential.

- Mr. DASHARATHY

ENGLISH DAY CELEBRATIONS- A PATH TO HIGHER ASPIRATIONS

In today's globalised scenario, with a majority of young people aspiring to study and work in countries like USA, England or Australia, one cannot stress enough the importance of the world's most influential language of communication- English. The biggest challenge for any school in India today is the danger posed by influence of popular cinema on young minds. To wean them away from the crude ideas of these films and to train and motivate them into building English language skills, which in turn opens the door to vast opportunities in dream destinations is the mission of the English Department of Jeevana school. While this is a continuous process, just to create more awareness and to provide exposure and motivation, The English Week celebrations were held in phases in the month of January, 2018. Class 9 kick started the proceedings on the 21st.



A wintry morning dawned on Jeevana. The excitement was palpable. Hundreds of Colourful Posters, Lighted Chinese Lanterns, Clouds of Quotations, and eye catching Book Jackets made by students surrounded the Higher Secondary block auditorium. Dominating this spectacular 'English Landscape' were the mannequins of George Bernard Shaw, V.S.Naipaul, Rabindranath Tagore and Rudyard Kipling who seemed to be viewing the whole proceedings with an indulgent eye.

The students took positions at their assigned places and awaited the arrival of each section of the visiting students. Word puns, puzzles, shooting targets and riddles were waiting to be unleashed on the delighted crowds that initially started trickling in and later started to mill about. The visitors from classes 7 and 8 who were only too happy to be plucked out of the mundane, were ready to jump into the maze of English activity. They streamed in and spread out with curiosity, interest and expectation.

One 9th standard boy had devised a game called 'Punopoly'. It derived its basics from Monopoly, but had incorporated puns in it to make it fun. Another game which was equally popular involved throwing darts at balloons. The balloons burst and, out popped papers with clever questions that had to be answered. Then there were Rebus games, Jumbled words written on balloons, Chess, scrabble, Roulette etc. The amount of ideas and original thought that had been put in was mind boggling.

There was never a dull moment and the visiting students were loathe to return back to class. And therein lay the success of the event. It was hoped that the students, both participants and visitors, had in some measure learnt a few facts of the English language and unwittingly imbibed some interest in the world's most useful, powerful and popular tongue.

- Mr. DASHARATHY

RAIDING THE STREETS OF KODAI

We the girls of class 11 considered ourselves lucky enough to board the bus to Kodaikanal on 30th September, 2017. We were accompanied by Mr.Ganesan, Mr.Marriappan, Ms.Alice and Ms.Juliet. We were also grateful for the electronic gadgets that were allowed and there was no particular dress code. We started our journey around 6.20am with a prayer but certainly only after a tussle for the reservation of seats. We are a group of students who really understand the true meaning of "The journey matters more than the destination." So we had already planned a list of snacks we would bring. We also had brought a set of Bluetooth speakers as we didn't expect the bus to have such a good audio system. After half an hour or so, we started to play some songs from our pen drive.

We reached the outskirts of kodai by 11 am but were unfortunately stuck in a gridlock. By 12.30 we reached our hotel on foot where we refreshed as the teachers had their breakfast. We also spent that time to inform our parents that we had reached Kodai .The hotel had a lovely garden where we had our photo shoots.



After almost 15 minutes, we pulled on our shrugs and left our rooms to raid the streets of Kodai. We headed towards the heart of the town- the Kodai lake. Mr.Mariappan along with a few of my friends, chose to cycle around the lake to rediscover nature while the others spent time shooting balloons and shopping. Cycling around the lake with a circumference of around 5km might have been an exhausting task but with a group of friends I found it extremely enjoyable. At a particular junction on realizing that it would be difficult to drive through Kodai's daily traffic snarl-ups we had to use the platform. But nothing can be better than cycling against the winds with the chill air touching your cheeks, defying the mist and stopping every now and then to click photos with your friends or buy homemade chocolates.

When we reached the ending point I noticed a few of my friends were having ice creams bought from a nearby stall but other "wise" girls chose to buy ice creams and cakes at Spencer's which is a convenient supermarket selling fresh Pastry Corner treats in Laws Ghat Road. We spent around half an hour at Spencer's and we literally had to drag our feet out of Shirusti crafts which had an exquisite collection of Indian handicrafts before heading towards Bryant's Park.

The entire walk felt refreshing and by the time we reached the park the sun and the clouds were playing hide and seek creating a nice atmosphere. We readily started to play Frisbee in the park as planned. We were revelling in the game when the Frisbee hit a cone of groundnuts which a boy (of around 5 years) was having spilling them on the well maintained grass. He immediately started to cry and I tried to console him without success. I made out that he didn't understand a word I spoke. Consoling itself is a difficult task and that too in Hindi-a language I didn't master-was impossible. Just then one of my north Indian friends came to my rescue. We apologized to his father who couldn't stop laughing as his son continued to accuse us. And that's how our game ended.

We did leave the park obviously only after taking selfies, recording boomerangs and thanking Google online storage option. On the way back we spent a lot of time shopping. One of the key chain shops was bursting at its seams when we joined a number of customers who were already present. We dropped in other shops as the names and symbols we had wanted were being carved on the key chains. The teachers had a hard time finding a few girls who had disappeared into several tiny shops but they also explored most of the shops with the young shopaholics. We spent just around 10 minutes on the Lake Road for one last time but it was tempting to linger there as always.

We returned to the hotel for a well earned rest, had lunch (chapattis and paneer butter masala and variety rice) and went to the terrace to celebrate my friend's birthday. We had the birthday cake as dessert and in no time started repacking. We boarded the bus and bid goodbye to Kodai until next time. In the next one hour a few spent time chatting and others were fast asleep. We stopped somewhere near Batlagundu where we had coffee/tea and snacks and Mr.Mariappan and Mr.Ganesan were sharing their experience with the boys of class 11 on the previous day's trip. And then we boarded the bus and when we regained our energy, we sang and danced for our favourite songs.

We reached our school around 9.30pm and we just couldn't wait to share our joy with the people back at home.

S. KAVETHA (XI – A)

THE NOVA IN MY BLACK HOLE

During sunny days and dark nights
During troubled times and pointless fights
He has been with me.
He has taught me a lot and
A lot I have learnt.

There he was
Vaporizing my tears
Drawing me from the black hole and
Gently placing me among the constellations.

More thick than the rain
He showers his rays in my desert.
He's a hook pulling me
Back into reality
When I am being drained
Into the deepest oceans

By brightening my darkest hours.
As the day was dying,
I was walking down
The untrodden path
Fear trampling on me.

His eyes were novae
Emitting a glimmer of hope
Leading me through the flickering lights,
Squeezed by infectious broad grins,
Into the dimples I sank.
These are my favourite
Even when filled with salt water.
Though we fight
We again unite
And my love for him is infinite.

- S.KAVETHA (XI-A)

SCIENCE-O-MANIA

A report on the Science Exhibition

Albert Einstein once said that the whole of science was nothing more than a refinement of everyday thinking. When this refinement urges a person to transform his thought to something more, he becomes what we all call a 'scientist'. The truth of the possibility of anyone becoming a scientist was established when the opportunity to make models of our own was presented to us. There couldn't have been another better platform to channel our inner Einsteins and Marie Curies, for the Science Exhibition increased our curiosity to know more about the things that happen in and around us.

Held in the month of November, the science exhibition spanned all three branches of Science- Physics, Chemistry and Biology. The students of class 11 took the responsibility of making the exhibits themselves. The students were divided into groups of three or four with each group presenting at least two models, most of which were working models. The exhibition was conducted for two consecutive days to enlighten the fellow students about the mechanism of various things around us. The models were an eye opener to topics related to Future Technology, Energy Conservation, Electricity, Transportation, etc. The attempt to widen the boundaries that limit the capacities of students when it comes to investigating science and inventing models was well appreciated by all the teachers who visited the Science Exhibition and praised the students for their impressive contributions to make learning science an interesting activity.

The initial intention of the Exhibition was to showcase our abilities in the field of Science. But later, it developed into passion for using our youthful inquisitiveness to create a better world with advanced technology that empowers mankind but at the same time does not deteriorate the natural environment. All in all, the Science Exhibition was a start of scientific endeavour that would inspire our fellow students to put on their thinking caps to become budding scientists like us!

- D. KAVYA MITCHI (XI-A)

A FLIGHT OF FANCY

The Aeromodelling classes that we, the students of Standard XI, attended was beyond our wildest dreams, it was perfect. We launched missiles and rockets which was once our pipe-dreams.

We got a very good opportunity to relax from our usual schedule as well as to learn many new things. And this was possible because of the Aeromodelling classes that we attended in the month of December.

Thirty of us who were highly impressed by the demo class , opted for the first level course of the 'Raven's Aero club'. The classes started with the inauguration ceremony and then each one of us was given a kit bag consisting of the necessary items to construct the models. We also got a smiley badge with it which gave us a positive start.

Even the first model that we constructed kindled our interest towards Aeromodelling. We made fourteen models including Propeller powered gliders, Bottle rockets, Ornithopter, R-C plane frame, Boomerangs etc. The wing constructions made us understand that even minute details like maintaining the airfoil shape, materials used etc, are necessary for a good flight.



The Boomerang was one of the best models, though it involved a lot of hardwork. We had to sand the wood to get the proper shape. A few of us had also painted our boomerangs beautifully. The largest model that we made was the R-C plane frame, the construction of which took us a whole day. We learnt skills like cutting foam with hotwire, sanding of wood, sticking things together etc.

The trainers from the club were student-friendly; they cleared all our doubts that arose while constructing the models. We not only had practical classes but also theory classes that weren't boring even a shred. They taught us the basics of Aeromodelling, design elements of flying machines, how flights take off and land, forces acting on an aircraft and Newton's laws of motion involved in Aerodynamics.

Finally, we had our 'Graduation day', the most awaited occasion that made all of us young graduates. On the final day we had all the best models exhibited. The Managing Director of the Aeroclub, our honourable Principal and Mr. Anandaraj, the teacher in-charge of the Aeromodeling session addressed the gathering. The moment that made all of us feel proud of ourselves finally came, we were all honoured with certificates and medals from the 'Raven's Aero club'.

Building projects hands-on helped us to develop additional skills like critical thinking, structural thinking and creativity. We were engaged effectively with the right mix of learning and fun. After attending this wonderful course, I'm glad to say that Aeromodelling is a great way of getting a glimpse into the world of drones, aeroplanes and space exploration technologies.



The video sessions about NASA, wind tunnels, control-line planes, boomerangs and materials used (composite materials) to make aircraft were very interesting and exciting. It really helped us to develop an understanding about this technology and how this going to shape the future of the world.

We would like to conclude by saying that Aeromodelling is one of the best ways to develop inquisitive skills among students. We're also proud to be 'Jeevanites' because our school has infused 'practical education' in our life.

-S.ANGELINE REBECCA and P.DHARANI (XI – A)



SOCIAL

Past and perfect we teach
New and old we reach
Wishes are great
Pushes were fit
Map goes into class
To make all pass into Mass

Globe is in our hand
With world in our wand
Colours in sand
Take us to tours in band
East or West prove the best
North or South take the rest.

- M. VIJAYALAKSHMI

DISADVANTAGES OF PARTHENOCARPY

"Parthenocarpy, meaning virgin fruit, is the natural or artificially induced production of fruit without mature seeds.

Originally, humans discovered and cultivated seedless fruit from genetic mutations. It is a mutation or defect of the plant because it can no longer sexually reproduce. However, parthenocarpy of certain fruits on a plant is of value. Seedless fruits are very desirable especially in edible fruits with hard seeds such as orange, grapefruit, pineapple, and banana.

Naturally, all fruits have seeds. However, genetically engineered seedless fruits are in high demand because of their hassle-free convenience.

Have you really looked at a seedless watermelon? They are more oval-shaped, like a ball. If you find white seeds inside of a watermelon it is a sign of genetic engineering and this can be harmful to the human body.

The watermelons with white seeds lack vitality and are deficient in minerals and other nutrients. The texture will also be different than compared to the real thing. The genetically engineered product will also be unnaturally high in sugar, which is why it tastes sweeter. Basically, you will have unnaturally high sugar content and unnaturally low mineral content.

Eating the genetically engineered food will cause the body to lose minerals and thus energy. If the food you eat is devitalized, then you too will be devitalized, as you are what you eat.

Today, people are eating too many seedless fruits. People are eating seedless grapes, seedless pineapples, seedless bananas, seedless oranges, and seedless watermelon. Yes, these fruits are very sweet but again, they are also very low in mineral content, throwing off the body's natural balance.

The only advantages to genetic modification are to make the plant more resistant to pests, pesticides and disease. There are no known advantages to humans ingesting genetically modified foods.

DISADVANTAGES OF EATING SEEDLESS FRUITS

Since seedless fruits are genetically modified, it's important to know the disadvantages of eating genetically modified foods:

- The safety of genetically modified foods is not proven.
- There are early links between consumption of genetically modified food and cancer in humans.
- Genetically modified foods may be linked to the development of allergies.
- Genetically modified foods may introduce animal by-products into fruits and vegetables, which will cause significant issues for people with dietary restrictions.
- Genetically modified foods cannot be recalled.
- Foods modified to resist disease tend to pass along this quality to humans, which may be contributing to the decrease in the effectiveness of antibiotics.
- Genetically modified foods change the soil's flora and fauna, which make it difficult for long-term viability of the soil to grow future crops.
- The genetically modified genes of the food may impact the genes of the person eating it. This can create long-term and possibly irreversible health problems.
- Insects pollinating or eating genetically modified foods can develop the same types of resistance, which can throw agricultural ecosystems out of balance.
- All of the above challenges may be irreversible.
- Seedless fruits have been tampered with by scientists in a lab to produce strains that will sell commercially. These hybrid fruits lack a double set of chromosomes in their reproductive cells making them unable to reproduce. The worst part is these fruits can be higher in sugar & provide less minerals. In an article posted by Swasthayu Ayurved Clinic, they say, we are eating seedless fruits, so the concept is the fruits which is incapable of reproduction can't boost our reproduction system. Hence eating such seedless fruits & grains or biotechnized vegetables are causing Infertility.

SOLUTIONS

It would be wise to abstain from eating genetically engineered foods as well as hybridized foods, especially fruits. Eating organic and seeded fruits whenever possible is the healthiest option.

- Ms. Deepika Daisy

A VISIT TO INBA ILLAM & MOTHER TERESA HOME

Our Memorable visit to Inba Illam took place on the 16th of October, 2017. We had been planning for this trip for three months and had finally executed it on this day. Our visit was a part of the proceedings of the “Make a Difference” committee.

The contribution of the basic necessities such as soaps, biscuits, shampoos, toothbrushes and other various commodities were made by the students from classes 3 to 12.

The Collected items were divided into two portions and packed.

The first visit was to Mother Teresa Home. The contributions from students were handed over to the Sister - in-charge.

She expressed her gratitude and happiness and we thanked them for accepting it, giving us the opportunity to contribute and make a difference in our own small way.

Our next visit was to Inba Illam.

We started off at 12.30 pm with great enthusiasm and reached there in about 15 minutes. We were immediately greeted with warm hugs and smiles. The residents of Inba Illam were very happy to receive us and we engaged them in heartfelt banter.

Even though their faces exhibited genuine happiness, their sorrowful eyes had something hidden in them which welled up our eyes with tears. The time we spent there was a very short one but it made us realize a lot of things, including the respect that should be given to our parents and elders. It was an unforgettable experience which in a short span of time taught us a lot. It made us realize that we should cherish our time with parents, and yes, as the saying goes “Old is Gold” we were reminded that no one can replace our parents and the sacrifices they make for us.

MAKE A DIFFERENCE COMMITTEE VISIT TO THE BLIND SCHOOL

The students of class 11 started their journey to the St.Joseph Blind School on the afternoon of 21st December. We were 12 in number. We were welcomed by the school's Headmistress Ms.Mary. The students of the blind school were walking in lines. We all were stunned at the sight of it. The auditorium was packed with students from grade 2 to grade 10. There were about 50 students, maintaining absolute silence. The students in the auditorium were so curious to know who we were and where we come from and so we introduced ourselves. They show-cased their talents like dance, vocals and Braille reading-English and Tamil. The whole crowd was so energetic and enthusiastic throughout our stay. The one thing that shook me was that they volunteered on their own for everything. And the funny part was, they wanted us to show our talents and being jeevanites, we did it! We distributed plum cakes as it was Christmas time and they happily accepted it. There were other staff and students inside the building and we distributed the plum cakes to them with the help of our little friends over there. We came out with a heavy heart and we sincerely prayed to God shower his blessings on them.

-K.MAHATHY (XI – A)

நானும் ஜீவனைட் தான்

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| <ul style="list-style-type: none"> ❖ விடத்தேதான் இருக்கிறது அப்பள்ளியையும் ஆசிரியர்களையும்! ❖ தவறைக்கட மிக அழகாக சுட்டிக் காட்டுகிறார்கள். ❖ இதை இப்படிச் செய்திருந்தால் இன்னும் நன்றாக இருந்திருக்குமே என்று! ❖ எதற்கும் உரிமை இருக்கிறது இங்கு எங்களுக்கு எதையும் எல்லோரிடமும் கேட்டுதான் செல்கிறார்கள். ❖ பாகுபாடில்லை, பகட்டில்லை, பணியும் சுமையாக இல்லை பண்பானவர்களாகவே இருக்கிறார்கள் பழகும் எல்லோரும், ❖ கற்பதற்கு வயது தடையல்ல என உணர்த்தி கற்கிறார்கள் கற்பிக்கிறார்கள். ❖ அறுபதை கடந்தவர்கள் கட அனாயாசமாய் கையாள்கிறார்கள் கணினியை! | <ul style="list-style-type: none"> ❖ ஒவ்வொருவர்க்குள்ளும் தீற்மை ஒளிந்திருக்கிறது என உணரவைக்கிறார்கள், ❖ கணித ஆசிரியராக என்னையும் கவிதை எழுதவைத்து அழகுபார்க்கிறார்கள் ❖ யாரையும் யாருடனும் ஓயிடுவதீல்லை எதிலும் குழந்தைகளுக்கே முன்னுரிமை ❖ ஜீவனாவிலேயே என்னுலகம் முடிந்திடுமோ? என எண்ணிய நாட்கள் போய் ❖ ஜீவனாகவ விட்டு என்னால் இருக்க முடியுமோ? என எண்ண வைக்கிறது இப்பள்ளி! ❖ மனம் ஏங்குகிறது இப்பள்ளி மாணவியாய் நானில்லையே என்று ❖ மகிழ்ச்சியோடு சொல்லிக்கொண்டிருக்கிறேன் நானும் ஜீவனைட் தான்! |
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- க. ஸ்ரீ வித்யா

SEEDBALLS – MY EXPERIENCE

The seed balls project was something that we had been planning to do for quite some time. We had heard about them from Mrs. Renuga and with a lot of enthusiasm she had shared the idea of making the seed balls and contributing something towards Mother Nature. With a lot of delay after sharing this idea with the principal we started our small project.

I still remember the day when all of us had gathered and shared the idea of doing the seed balls project. The same evening we had another discussion and it was decided that we would be making the seed balls and giving them to the of Std VI students. We felt that they were perfect for it because of their curiosity and enthusiasm. In about 3 weeks, after getting scolded and pushed, we finally started moving the project forward. It felt good to be scolded trust me, because we were being scolded for a good cause.

I was given the job of talking to the of Std VI students, telling them what exactly seed balls were and sharing with tem the importance of trees, water and how trees played a vital role in giving rainfall. The kids were extremely lively and full of zest. They were very active and it made me feel that we were doing the right job. Again with a gap of two weeks it was finally decided after a lot of discussion that we will be making the seed balls at school on a working Saturday. All the materials, red soil, hack soil, dried cow dung and the work tools ready the particular week.

We had a lot of confusion about how many seed balls to make. We were sure to make about 300 because we roughly needed that many to distribute to the students. We then decided to increase it to 400... it seemed like a long way but we were determined. We were also supposed to be making the paper packets at school. So if the number of seed balls increased, the paper packets had to be increased as well.

We all came packed with enthusiasm on Saturday. All the materials were shifted to the stage and we started making the seed balls. In the blink of an eye we crossed our target of making 400. We were 12 altogether including our Economics teacher, Ms. Shivaranjini and we ended up making 600 seed balls. We were very happy that we had achieved more than what we had expected but we had no time to celebrate as we had another pile of paper packets to make. We had decided to do that after lunch. All of us had brought something special and so we had a feast. After our sumptuous meal we headed back to our venue to make the paper packets. It seemed tough because we were racing against time. The we also had to face the problem of some cracked seed balls. Fixing that and making the paper packets we succeeded in completing the job by 4.00 P.M.

It might not sound that great but putting our hand into soil and cow dung and making seed balls out of those was something that gave me a completely different experience altogether. I had learnt a lot out of this project... teamwork, positivity, time management, hard work and so many more values. I understood that no matter how trivial certain things might be, they will remain important and will end up teaching us values which help us lead our life in the right way.

- DEVKI MISHRA (XI-B)

Annual Sports Day, Std I & II, 2017 – 2018.

Sports Day in Jeevana is the most awaited day not only for the children but also for the teachers and the parents. This year the Sports Day was on 25th January, 2018. It was the wholesome package of fun-filled Edusports where it catered to the children's physical, emotional and mental development.

The mass drill exhibited by the students was an extension of their regular stretches. It was a dazzling display of co-operation and team spirit. The children were looking gorgeous in their sports attire and lovely sunshade caps.

All the children were given equal opportunities to showcase their talents. There were many events like Clown's Galore, Obstacle Race, On the beach etc. Each and every activity made the children excited and gave them wonderful memories for their lifetime. It was a day to be cherished forever.

Our heartfelt gratitude to the Chairman, Principal, Vice-Principal, teachers, parents and children for making the programme a grand success.

- Ms. N. PADMAPRIYA (Std I Parent)

Annual Day Presentation- Std II

The celebration of Annual Day is crucial as it provides a platform for the students to showcase their talents. On this occasion, each and every Jeevanite gets a chance to step on to the stage and conquer their fear of speaking or performing in front of a large gathering.

The Annual Day 2017 was woven around the theme "National Integration". The function was presided over by our Director Dr. Ramesh and his family. The one hour long show held the audience in awe and left them enlightened as the show culminated.

The parents in this revolutionary age of media were enthusiastic to see their children on stage. The children were dazzling and sparkling like stars. It was not only because of their costumes and accessories, but also because of their confidence, fearlessness and the way they carried themselves.

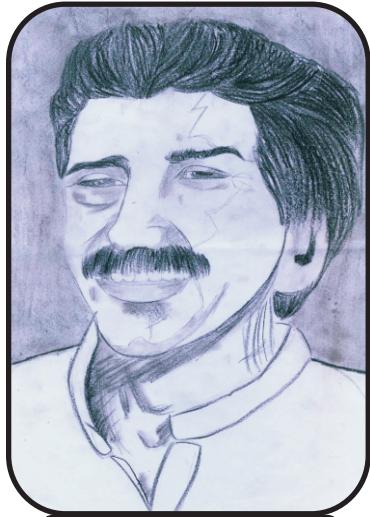
The children utilized dancing as an effective way of self expression and they proved that dance has a rhythm, meaning and an expression. The way the parents cheered on seeing our Jeevanites dance is an evidence for their elegant performance.

Drama is a dynamic practice that introduces the children to a world of wonder and play. It encourages the children to create, explore and connect themselves to the world. The dramas performed by the Jeevanites were witty and thought provoking. The children's performance was an excellent outcome of the team work on and off stage.

From the beginning till the end of the program, the parents were enjoying and encouraging the children. The program was a grand success which reflected the hard work of the teachers and the support of the parents and the guidance of the chairman, the Principal, the Vice Principal and the Headmistress.

- Ms. DEVI VIGNESHWARAN (Std II Parent)

'What I can do I must do'



P. VIGNESH (V-F)

He is a wonderful role model for every human. He was humble and hated talking about himself or being praised. Rippan Kapur, a regular middle-class man, wanted to make a difference in the lives of many children. He collected money from his six friends and he put in himself as the seventh one to start an organization. He started an NGO called CRY. His office was not more than his home and his dinning table was for meetings. He taught his employees how to make money and receive it with boldness.

CRY was Rippan's home, family and life. His kindness and generosity towards children even at the end of his life has set a good example to the growing youths. His theory was simple, 'What I can do, I must do'. Even at his death bed, when one of his colleagues asked how he was feeling, he said that he could see thousands of smiling children outside his window.

- SHEA SANTHOXI (VI-D)

- M.G. VENKATESH (VI-B)

MY EXPERIENCE IN THYAGARAJA AARADHANA

When I reached home from school on 28th December, 2017 my mother placed an envelope on my palm, which contained an invitation for the Thyagaraja Aaradhana Festival to be held in Thanjavur. I was on cloud nine when I heard this glorious news.

Though I had participated in the same event last year I was overwhelmed because of the great privilege attached to it. I also understood the great opportunity given to me to perform on the stage where the greatest musicians of all times like M.S.Subbalakshmi, M.L.Vasanthakumari and G.N.B., to name a few, have performed. It was entirely the blessings of the Almighty and my guru that I was able to surrender and pay my tributes to the greatest musician, Thyagaraja, on the most auspicious Bagula Panchami day, the 06th of January, 2018. This is one of the memorable events in my life.



- VISHWADIKA. (IX-C)

DEVELOPMENTAL DELAYS

Every child grows and learns at his own pace, and the range of what's normal is pretty wide. It's helpful, though, to know the signs that your child might not have the skills most other kids have at his age. Doctors call those problems developmental delays.

What Are Developmental Delays?

Developmental delays are of various types, the most important ones are:

Language or speech

Movement or motor skills

Language and Speech Delays: These problems are the most common type of developmental delay. They sound similar, but they're different types of issues. Speech means the sounds that come out of a person's mouth. Children who have a speech delay may stutter or have trouble saying words the right way whereas language refers to the meanings of sounds and gestures. Kids with language problems may have trouble expressing themselves or understanding others.

Possible causes: A delay in these skills can happen for many reasons, including:

- Problems with a child's tongue or the roof of his mouth, which makes it hard to form sounds and words
- Hearing loss. Kids who've had a lot of ear infections can have hearing problems.
- A learning disability
- A developmental disorder, such as cerebral palsy or autism spectrum disorder

What you can do: If you think your child has a problem with her/his speech or language, let his doctor know right away. The doctor will need to test her/his hearing. The doctor probably also suggests that your child see a professional who can diagnose and treat these delays, called a speech-language pathologist or speech therapist. This specialist will study how your child expresses himself, including:

- What the child understands
- What the child can say
- Other ways the child tries to get her/his thoughts across, such as gestures or nodding
- If your child does have a delay, she/he might need speech therapy. A therapist can work with her/him on how to pronounce words and sounds, and strengthen the muscles in the child's face and mouth.



You can also work with your child on speech and language:

- Talk with her/him throughout the day. Point out objects or sounds at home, at the grocery store, in the car, or anywhere you go. Ask the child questions and respond to her/his answers.
- Read to your child every day.
- Get treatment for ear infections or any other condition that might affect the child's hearing.

Speech and Language: What's Normal

There's no deadline for a child to start talking or using full sentences. But most kids reach speech and language milestones by a certain age. Let your child's doctor know if she/he can't do some of the following. Also, take a note if your child loses skills she/he's already learned.

By 3 years, kids usually:

Talk in short sentences, can identify body parts, and make words plural.

By 4 years, kids usually:

- Can tell a simple story and recall short nursery rhymes
- Use sentences of about five words
- Use "me" and "you" correctly

By 5 years, kids usually:

- Can understand two-part commands with prepositions ("under" or "on")
- Can give their first and last names
- Can use plurals or past tense the right way
- Ask questions like "Why?" or "Who?"
- Talk about what they did that day

Motor Skill Delays: Some children can have trouble with movements that use a lot of muscles, such as playing ball, or with smaller movements, like colouring. Sometimes the problem isn't with their strength, but with their coordination. You may notice that your child seems clumsier than other kids of her/his age.

Possible causes : Most of the time, doctors can't find a specific cause or diagnosis for delays in motor skills or coordination, but some children have medical issues that cause them or make them worse. They include:

- Vision problems
- A lack of muscle control, called ataxia
- Trouble with how the brain coordinates and plans movements, called dyspraxia
- Muscle diseases
- Cerebral palsy

What you can do

For motor delays, your child's doctor may suggest that you encourage your little one to move and be active at home. He may also need:

- Physical therapy to help him with movements that use a lot of muscle groups
- Occupational therapy to improve small movement skills or coordination problems
- Medication or other treatment for a muscle disease.

Motor Skills: What's Normal

Kids usually get stronger and more coordinated as they grow up. Let the doctor know if your child isn't meeting some of the following milestones or seems to be losing any motor skills he's already learned.

By 3 years, kids usually can:

- Keep their balance and go up and down stairs
- Work with small objects
- Stack more than one block
- Use both sides of their body
- Stand on one leg for more than a few seconds

By 4 years, kids usually can:

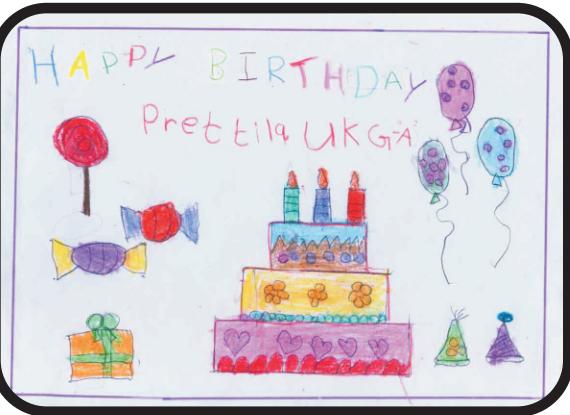
- Throw a ball overhead or catch a large ball
- Jump in place or hop on one foot
- Ride a tricycle
- Grasp a crayon between their thumb and fingers and scribble
- Stack four blocks

By 5 years, kids usually can:

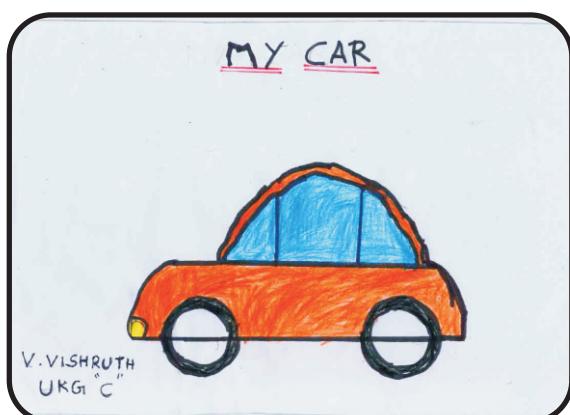
- Build a tower of six to eight blocks
- Gallop or skip
- Use a child-friendly scissors
- Hold a crayon comfortably
- Take off their clothing easily
- Stand on one foot for 10 seconds
- Walk up or down stairs alternating steps without using the handrail
- Brush their teeth
- Wash and dry their hands

Many delays aren't serious, and most kids can catch up, especially when they get early treatment. The key is to get your child the help he needs as soon as you think there's a problem. If you wonder whether your little one is falling behind in emotional, mental, or physical growth, don't wait to find out. Talk to his doctor right away because it's better late than never.

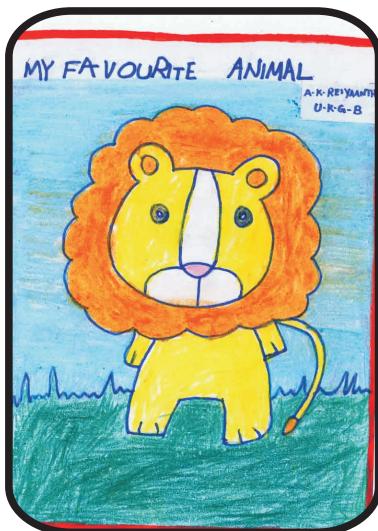
- S LOGAMBIKAI (Headmistress - KG Section)



PREETTILA (UKG- A)



V. VISHRUTH (UKG- C)



A.K. REIYAANTH (UKG- B)

EXTERNAL COMPETITIONS - PRIZE WINNERS :

1. Leonardo K. Marx of I-C-Won the consolation prize in Drawing Competition held on 15th August 2017, at TVS Matriculation Higher Secondary School organised by JCI, Madurai and secured II prize in Art competition conducted by Sri Dharshini KalaiKoodam and received a medal and certificate.
2. Dharaneeshwar of I-C-Won Third rank in Rink I and Rink II in Roller Skating Championship conducted by Roller Sports Association of Madurai District.
3. P. Siddharth of I-E-Secured 3rd place in 25m Back Stroke, II prize in 25m Breast Stroke swimming conducted by Aquatic Association, Madurai.
4. S. Yasikka of I-D- Won gold medal in Brain-o-brain for the I level Abacus.
5. H. Mithran of I-D - Champion in Brain-o-brain Abacus festival.
6. I. Amudhisan of I-C- Secured III prize in Silambam Championship conducted by Madurai District Silambam Association. He received a bronze medal and a certificate and Promoted to the rank of yellow KYU by Shotokan Indian Karate-do Association.

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7. A.S.Srimat Sanjay of Std I-E- Secured 5th position in U-8 category in 2nd TOGA National Games Archery 2017-18.
 8. V.S. Ananya of II-A-Participated in the largest Guinness Record display of Taekwondo karate tournament.
 9. R. Sanjan – II B – Secured I place in 25m Back Stroke and group 7 gold medal, I place in 25m butterfly group 7 gold , Secured III 25m Breast Stroke Bronze group 7, Secured I place in gold 25m Free Style group 7 conducted by Aquatic Association, Madurai and Secured II place in 25m Free style and II place 4x25m Free style relay conducted by Theni District Swimming Association.
 10. S. Jeyaswastika of II-A-Secured II prize in solo singing in an Inter School Cultural competition organized by Thiagaraja College of Engineering.
 11. Shobana.S of II-D- Won a Gold Medal BRAIN O BRAIN Abacus Festival.
 12. Dharshini. R of III-C- Won Second Place in Rink-III and Third place in Rink-I ROLLER SKATING CHAMPIONSHIP, 2017.
 13. Harish Raj of III-E- Won First Place in Individual Kata Karate Championship, 2017.
 14. Vishvajit.M of III-B- Won Second Price in Chinmaya Geetha Chanting Competition, 2017.
 15. Aditya Vignesh of III-A – Secured First Place in National Open Karate Championships, and First Place in 4th Open Karate Kata Talent Expo, 2017.
 16. Moshika.S of III-A – Has achieved Grade –I in Bharathanatiyam in January, 2017.
 17. Deshna Shree.B of III-D - Pre-Quarter Finalist in Open Table Tennis Tournament, 2017-2018.
 18. Achievements of Yukthaamugi.K of III-G:-
 - Secured First Price in 50 mts free style Swimming Competition, 2017 conducted by the Aquatic Association, Madurai.
 - Secured First Price in 50 mts Butterfly Style Swimming Competition, 2017 conducted by the Aquatic Association, Madurai.
 - Secured in First Price in 50 mts Back Stroke Swimming Competition, 2017 conducted by the Aquatic Association, Madurai.
 - Secured in First Price in Districe Level 50mts Free Style Swimming Competition conducted by the Sports Development Authority of Tamil Nadu.
 19. Pranav Venkat.S.K of IV-B – Secured first price in Sub-Junior Level Music Competition, 2017.

20. Achievements of Rishidharan.P of III-D:-

- Pre – Quarter Finalist in Inter School Open Table Tennis Tournament.
- Pre-Quarter Finalist in Level Diet Aqua Trophy Open Table Tennis Tournament.
- Pre-Quarter Finalist in Under 10 State Level Table Tennis Tournament.
- Winner of Decathlon Table Tennis Championship, 2017.

21. Achievements of Varsha.J of IV-E:-

- Quarter Finalist in State Level Table Tennis Tournament Under – 12 (Doubles)
- Quarter Finalist in State Level Table Tennis Tournament Under – 10 (Singles)
- Semi-Finalist in State Level Table Tennis Tournament Under – 10 (Doubles)

22. Vibeesh Krishnan.M of IV-A - Won Second Price in Sub-Junior Level Music Competition, 2017.

23. Pejish Ram.R.A of IV-D – Won Second Price in ABACUS – Oral Competition, 2017.

24. Pozhilan.A.N. of IV-D-Won Bronze Medal in Sub-Junior 4th District Level KUNGFU competition, 2017 and Third Price in South Indian Martial Arts Festival, 2018.

25. Vishnu Vishal.S of IV-C – Secured Third Place in World Traditional Shotokan Karate Federation, 2017 and Pre Quarter Finalist in Open Table Tennis Tournament.

26. Rithika.T of IV-E- Won Second Price in State Level (V) Abacus Competition, 2017.

27. Amritha Swathika.M of IV-B – Won Orange Belt in World Traditional Shotokan Karate Federation, 2018.

28. Achievements of Abinav.P.S.V of IV-D:-

- Finalist in State Level Open Tennis Tournament, 2017.
- Quarter Finalist in Under 10 (Singles) State Level Table Tennis Tournament, 2017.
- Runner up in Under 10 (Doubles) State Level Table Tennis Tournament.
- Quarter Finalist in Under 12 (Doubles) State Level Table Tennis Tournament.
- Semi Finalist in Mini Cadets Boy (Singles) 25th Open Table Tennis Tournament.
- Pre-Quarter Finalist in cadets Boys (Singles) 25th Open Table Tennis Tournament.
- Pre-Quarter Finalist in Inter School Open Table Tennis Tournament.
- Quarter Finalist in Inter School Open Table Tennis Tournament.
- Pre-Quarter Finalist in Inter School (Category Std VIII to X) Open Table Tennis Tournament.
- Semi-Finalist in State Level School Table Tennis Tournament 2017.
- Winner in State Level School Table Tennis Tournament 2017-2018.

29. Deepshika. K of IV-B – Won Second Price in Tamil Education held by Tamil Nadu Brahmin Society.

30. Akshay Kumar of IV-E – Won First Place in Cultural and Sports event conducted by Madurai Kamaraj University, 2017.

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31. Pranai Nithin of IV-G – Won Third Place and Fifth Place in Rink – I Campion Skating Academy, 2017 – 2018.
 32. Dheeraj Krishna V.R. of IV-F- Pre-Quarter Finalist in Open Table Tennis Tournament, 2017-2018.
 33. Yashmitha.S of IV-G- Pre-Quarter Finalist in Open Table Tennis Tournament, 2017-2018.
 34. Swetha.P. of IV-G - Pre-Quarter Finalist in Open Table Tennis Tournament, 2017-2018.
 35. Jay Daksha.S of V-E - has been declared as QUARTER FINALIST in the Sports Utsav Table Tennis Event conducted by Decathlon, Madurai on 19th November, 2017.
 36. Prathikeswar S of Std V-E - Won the III Prize and a bronze medal in the Colour Belt category organized by World Goju Ryu Karate Do- India.
 37. Shailesh Sriram.R of Std V-E - has been a Pre Quarter Finalist in the Table Tennis Doubles Event at State Level Table Tennis Tournament held at Dindigul and Pre Quarter Finalist in the State Level Open Table Tennis Tournament- 2017 in the cadet category held at Kanyakumari District on 11th and 12th November, 2017.
 38. Ashwin Bharathi of V-C - Played his 1st outstation tournament and secured 4th place in Mini-cadet Boys (Under-10).
 39. Sailesh of V-E-Played his 1st Table Tennis Tournament in his TT Carrier and placed 6th in Cadet Boys (Under-12)
 40. V. Sabarinathan of Std V-C,-Won the II Position (Level 5) in the District Level Abacus Competition.
 41. M Thikshana of Std V-F-Participated in Rain Dance in Guinness World Records, India and Asia Book of Records held at Saveetha University, Chennai.
 42. Guruprakash of Std V-E-has been presented an Appreciation Award by the Korean Cultural Center, Embassy of Republic of Korea in recognition of excellent performance in Largest Taekwondo Display Multiple Venues organized by JR International Taekwondo Academy with 1016 successful participants across 6 venues of India for the Guinness World Record attempt and achieving World Title on 30th April, 2017, India, in the art of Taekwondo.
 43. G.Madhavan of Std V-F-Secured the THIRD place in the Inter School Level Yoga Championship- 2017, held on 9th December, 2017, by South Indian Yoga Development Foundation, Tamilnadu.
 44. P.Vignesh of Std V-F- Won the first prize in The Hindu Young World Painting contest held on 3rd February, 2018.

45. Achievements of P.Varna of Std V-A:-

- WINNER in Doubles, under category- 10 in LIONS SIVAKASI OPEN STATE LEVEL BADMINTON TOURNAMENT conducted on 27th, 28th, 29th and 30th December, 2017 by Lions club of sivakasi central.
- RUNNER in the Tamilnadu State Championship 2017, for the event Under-10 Girls' Singles.
- WINNER in Under-10 Doubles category in the Tamilnadu State U-10 Ranking Badminton Tournament , 2017.
- RUNNER in Under-10 Girls' Singles category in the Tamilnadu U-10 State Ranking Badminton Tournament , 2017.
- WINNER in Under-10 Girls' Singles category at District Level organized by Madurai District Badminton Association.
- III Place in Under-10 Girls' Singles category in the Badminton Tournament organized by Tamilnadu State Level Badminton Tournament 2017.

46. A. Alan Christ of Std VI-E - has been declared QUARTER FINALIST in the SUBJUNIOR & JUNIOR BADMINTON- 2017 for boys under -13 in singles event organised by T-CONY ROYALS BADMINTON CLUB, Ambattur.

47. Jayanath Ram.S of Std VI-E - Secured FIRST place in KATA Colour Belt Competition organised by World Traditional Shotokan Karate Federation, Tamil Nadu.

48. Oliviya Grace.S of Std VI-A - Won 2nd prize, a cash award of Rs 2000/- at National level on a course on Peace Education based on Gandhian Values organised by Gandhi peace Foundation, Madras.

49. Sujitha.C of Std VI-D- has been awarded the following:

- CONSOLATION prize in VARNAJALAM held on 26th August, 2017, conducted by Suriyan FM.
- GOLD TOPPER in the 76th Regional Abacus Competition - Brainobrainfest 2017 held on 26th February, 2017.
- II Position in the Painting Contest Under Junior Category conducted by the Hindu Group in association with NLC India Ltd.

50. A Harshitha of Std VI-E - Won the SECOND Place in Rink-III in the Roller Skating Championship at District Level and FIRST Place in Rink-I in the Roller Skating Championship at District Level.

51. M Swathi of Std VI-D - Won the consolation prize in the drawing competition conducted by Tamilnadu Forest Department and Third Prize in The Hindu Young World Painting Contest held on 3rd February, 2018.

52. Ajay Chinnameyappan of Std VI-E - GOLD TOPPER in the 33rd National Abacus Competition- Brainobrainfest 2017 held in Chennai.

53. A. Thejasri of Std VIII-E - Secured III position the third prize in 'Junior - Violin - Competition' conducted by Tamil Nadu Postal Sports Board in Trichy on 31st October, 2017.

54. Achievements of Sania of Std-VIII-B:-

- Secured II position in the Badminton tournament, in Under 15-Doubles category conducted by Chennai District Badminton Association in Chennai from 3rd February, 2018 to 9th February, 2018.
- Runner up in the state level school tournament Under19 girls singles held in Kamaraj engineering college .
- Secured I position in the Badminton tournament, in State Level Under 15- girls Singles category conducted by Association of Schools for the Indian School Certificate in Tutticorin on 16th September, 2017.
- Secured I position in the Badminton tournament, in State Level Under 15- girls Singles category conducted by Association of Schools for the Indian School Certificate in Tutticorin on 16th September, 2017.

55. V.P. Srethan (IX –A) and S.U. Sankaralingam (IX-A) – Secured the second place in The Hindu Young World Quiz competition held on 22nd January, 2018, in Thyagaraja Arts College.

56. R. T. Mohita of IX-D – Runner up in the State level Sub-junior Snooker & Billiards and National level Sub-junior Snooker, 2018.

57. **The achievements of Monika M.C. of Std X-D:**

- Winner in Ten districts junior and sub-junior badminton tournament in February 2018.
- Runner up in Tamilnadu State level Singles Sub-junior and Junior badminton tournament held in Chennai, 2018.
- Third place in Tamilnadu state level singles tournament held at SNS Technical Institutions, Coimbatore, 2017.
- Quarter finalist in Tamilnadu State level Singles Sub-junior and Junior badminton tournament held in Chennai, 2018.
- Semi finalist in the Tamilnadu State level Singles Sub-junior and Junior badminton tournament held by the Summer Shuttle Fest in April, 2017.
- Participation Certificate in the national level ASISC national badminton tournament in Bangalore.

58. WJ Mc Mahon Memorial Creative Writing Competition Winners:

- D. Kavya Mitchi of XI-A - Won first prize in WJ MC Mahaon Memorial Poetry Writing Competition.
- S.Kavetha of XI-A - Won second prize in WJ MC Mahon Memorial Poetry Writing Competition.
- Derek Sanch.I of XII-B - Won second prize in WJ MC Mahon Memorial Essay Writing Competition.
- Devki Mishra.R of XI-B - Won third prize in WJMC Mahon Memorial Essay Writing Competition.